



EAST-WEST CENTER

COVID-19 Guidelines for Housing

COVID-19 Vaccinations

Effective June 1, 2023, East-West Center will no longer require the COVID-19 vaccination for employees, residents and visitors. However, we strongly recommend that individuals obtain the primary vaccine series and stay updated with bivalent COVID-19 vaccine boosters.

Avoid Others and Take Precautions if You Are Sick

To mitigate COVID-19 and the spread of other illnesses in our shared community, residents should take precautions and **self-isolate*** when they feel sick. The general health of the community depends heavily on preventing the spread of viruses and infection in our shared living spaces.

At the first sign of any illness, we encourage you to limit your contact with others, wash your hands frequently, and wear a high-quality mask.

If you have symptoms of COVID-19: You should immediately wear a well-fitting N95 mask, self-isolate in your room, and take a home test. If the test is negative, you do not need to move to isolation; however, you should continue with precautions until you no longer have symptoms. If symptoms persist, you should test again. If you test positive, please follow the procedure outlined below.

Close Contacts

If you are exposed as a close contact, you should immediately wear a well-fitting mask and monitor for symptoms for 10 (ten) days. Avoid close contact with others.

COVID-19 Infection

East-West Center will follow Hawai'i State Department of Health (HDOH) and DC Health guidance for COVID-19 cases and contacts.

1. All confirmed positive cases of COVID-19 will require **isolation**** in the 302 unit of Hale Mānoa per [HDOH guidance](#). Overflow rooms are available in Hale Mānoa and Lincoln Hall if the 302 unit is full.
2. If you test positive for COVID-19, return to your room and stay there. It is important to separate yourself from other people.
3. Start wearing a well-fitting N95 mask as soon as you test positive. If you do not have a high-quality N95 mask, please let housing know and one will be provided.
4. Notify EWC Housing and your EWC Program Coordinator. Please call the front desk of HM immediately (808-944-7960) so that they can prepare to move you to isolation. Please also email housing@eastwestcenter.org, and call or email your Program Coordinator (if you have one).
5. Pack your things – you will be away from your regular dorm room for at least five days. Housing will arrange for your move and will advise you of the procedure. You should avoid close contact with other residents and staff as you do this.
6. After you are situated in your new room:
 - a. Activate your support network as needed. Work with your Program Coordinator and your support networks to help you manage the 5-day isolation.
 - b. Confirm emergency contacts with your Program Coordinator.
 - c. Put together information for contact tracers about where you've been and who you have had contact with during the past 3 days and notify close contacts yourself.
7. After 5 days of isolation, residents will return to regular dorm room if:
 - a. At least 24 hours have passed since last fever without use of fever-reducing medicine;
AND
 - b. Symptoms, if any, have improved.
AND
 - c. Two negative rapid antigen tests at least 24 hours apart. (Test kit will be provided)
8. Regardless of when you end isolation, wear a well-fitting N95 mask for 10 days any time you are around others.

For the purposes of this policy:

***Self-Isolation** means: Contact with others should be avoided as much as possible but basic needs – such as shopping for food and essentials, exercise, work, etc.-- can be met. Individuals should avoid social gatherings and wear a mask at all times.

****Isolation** means: You may not leave the 302 Unit of Hale Mānoa except to seek medical care for the duration of the isolation period. You should not have visitors except to bring you food or supplies, and those visitors should maintain strict social distancing and wear a high-quality N95 mask at all times.

Residents who **isolate** at Lincoln Hall should remain in their rooms except to seek medical care.