

## EWC COVID-19 Policies and Procedures

### What to do if I test positive; have symptoms, or have been exposed?

#### Positive test: Asymptomatic testing

(For example, if students take advantage of free asymptomatic testing when available, or are being tested for participation in another activity and the test is positive)

#### If you test positive, you must do the following immediately:

1. **Return to your room and stay there.** It is important to separate yourself from other people immediately.
2. **Notify EWC Housing, your EWC Program Coordinator** Please note: this is NOT OPTIONAL. Notification is required under EWC policy.
3. **Notify University Health Services (956-8965).**
4. Call your healthcare provider and tell them your concerns/test results/symptoms. They will advise you.
5. Pack your things immediately to move to Lincoln Hall for 14-days. Housing will arrange for your move to Lincoln Hall and will advise you of quarantine procedures. You should avoid close contact with other residents and staff as you do this.
6. After you are situated in Lincoln Hall:
  - Activate your support network as needed. Work with Education Program staff and your support networks to help you manage the 14-day quarantine.
  - Confirm emergency contacts with your EWC Program Coordinator.
  - Put together information for contact tracers about where you've been and who you have had contact with during the past 3-5 days.\*

#### What do I do if I have symptoms of Covid-19 or have suspected or confirmed exposure but haven't been tested?

1. **Return to your room and stay there.** It is important to separate yourself from other people immediately, just in case you do have Covid-19.
2. **Notify EWC Housing** and your EWC program Coordinator.
3. **Call your healthcare provider and/or University health services (956-8965)** and tell them your symptoms or about your exposure. If you don't have a healthcare provider, please contact University Health Services, which will provide a test for individuals with symptoms. Alternately, you can try one of the urgent care centers listed at the end of this document.
4. **Please notify Housing and your Program Coordinator if you will get tested and plan/prepare for the following:**
  - Transportation to the testing site (we recommend you use a taxi, Uber or Lyft if not at University Health Services).
  - Pack your things immediately and be prepared to move to Lincoln Hall for 14-days (if you are not already there). Housing will arrange for your move to Lincoln Hall if necessary and will advise you of quarantine procedures. You should avoid close contact with other residents and staff as you do this.
  - Activate your support network as needed. Work with Education Program staff and your support networks to prepare for possible quarantine.
  - Confirm emergency contacts with EWC.

**IMPORTANT NOTE:** Per CDC guidance, all suspected and confirmed positive cases of Covid-19 will require quarantine in Lincoln Hall. Note that your healthcare provider may recommend that you stay in quarantine for longer than 14 days depending on the severity of your illness. Additionally, your healthcare provider and/or EWC may require that you undergo repeat testing for Covid-19 to end your quarantine.

1. Confirmed or suspected Covid-19 case **with** symptoms
  - 14 days since symptoms first appeared **AND**
  - At least 24 hours with no fever without fever-reducing medication **AND**
  - Symptoms have improved

**NOTE:** Suspected cases with symptoms or due to exposure will be required to stay in Lincoln Hall for 14 days even after a negative test. However, after a negative test, they may shift from strict quarantine to self-isolation.

**Fully vaccinated** individuals who wish to return to their dormitory room sooner, may do so if the following conditions are met:

- At symptom detection, the resident undergoes a medical assessment and tests negative for Covid-19 **AND**
- The resident quarantines at Lincoln Hall for a minimum of 3 days **AND**
- Has no fever for at least 24 hours without fever reducing medication **AND**
- Symptoms have improved **AND**
- The resident receives a second negative Covid-19 test 3-5 days after beginning quarantine.

Fully vaccinated individuals who do not wish to take a second Covid-19 test, may also choose to self-isolate in Lincoln Hall for the full 14 days.

2. Confirmed Covid-19 case **without** symptoms
  - Continue to have no symptoms **AND**
  - 14 days have passed since the date you had your positive test

\* Notifying Residents: The East-West Center will work with individuals on appropriate notification of residents in accordance with state and federal privacy regulations. In the event of a confirmed case, the Center will work under the direction of the Hawai'i Department of Health and abide by their guidelines and directives.

These Urgent Care Clinics and the Aloha United Way offer services free of charge to consult about COVID-19:

- Queen's Hospital is staffed 24/7 with a registered nurse to answer questions about Covid-19. Call 808-691-2619.
- 2-1-1 Call Center for Information on COVID-19. Call 2-1-1 from any location in the state (HI)
- The Aloha United Way call center is open daily between 7 am – 10 pm For information or questions about Covid-19:
  - Text 877-275-6569
  - Email [info211@auw.org](mailto:info211@auw.org)
- Visit <https://health.hawaii.gov/docd/advisories/novel-coronavirus-2019/>
- For more information, check out the CDC guidelines here: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>