



EAST-WEST CENTER

COMMUNITY BUILDING INSTITUTE August 9–20, 2021

‘Onipa‘a - Rooted but moving forward

He ‘a‘ali‘i kū makani: Be strong and adaptable as the ‘a‘ali‘i tree which stands firm in the worst of gale winds.



<https://garden.org/plants/photo/256459/>



Alapaki Luke, Ahupua‘a ‘O Kahana, Ko‘olauloa, O‘ahu, Nuhi-Pana‘ewa Lo‘i

Ua ola loko i ke aloha #2836*: Love gives life within, love is imperative to one’s mental and physical welfare.

Coordinator
Alapaki Luke

*Pukui, 1983, p. 311. Pukui, M. K. (1983). ‘Ōlelo no‘eau: Hawaiian proverbs and poetical sayings. Bishop Museum Press.

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Introduction

The Hawaiian word “Onipa‘a” has multiple meanings depending on the context; “*Fixed, immovable, motionless, steadfast, established, firm, resolute, determined.*” For CBI we will focus on our relationship and connection to each other in our community here at EWC in Hawai‘i and beyond. During these unprecedented times of an ongoing pandemic, we are not isolated by distance, instead we are connected with pilina (relationship) with a new community and ‘ohana (extended family). Like the ‘a‘ali‘i tree that stands kū makani (steadfast in the strong winds), we as a community have weathered the storm of global pandemic together. We have aloha for each other to help us move forward in this new dynamic. Join us in CBI as a ‘ohana by establishing a pilina built on aloha for each other and our communities.

The East-West Center also is premised on the vision of shared communities as a means for building a peaceful, prosperous and just Asia Pacific community. This concept views learning as a collaborative process to which each person contributes knowledge, experience, and perspective to benefit all participants. It recognizes the importance of establishing a basis for the comfortable exchange of ideas by building an environment of openness, trust, and responsibility—of shared community.

Through the Community Building Institute, we hope that participants have a greater understanding and awareness of ‘onipa‘a, pilina and shared communities as these relate to academic study, daily living and the challenges facing the Asia Pacific region.

As participants from the United States, Asia, the Pacific, and beyond, we interact with many cultures. Throughout this Fall 2021 CBI, we will explore together the many connections that unite different cultures here in Hawai‘i, at the EWC and abroad.

As we engage with one another during the Community Building Institute (CBI), we hope that participants will find common interests and concerns with other East-West Center (EWC) participants through shared experiences. CBI integrates team-building activities for East-West Center students with dialogues on issues related to Asia Pacific communities, including the United States.

For this CBI, participants will be attending virtual sessions and interacting through activities designed to learn about other participants, the EWC, and their new home, Hawai‘i. Prior to the beginning of the academic year at the University of Hawai‘i, the Fall 2021 CBI is a two week institute to prepare for academic life in Hawai‘i and engagement at the EWC.

The EWC Education Program, supplemented with volunteers who are current EWC participants and staff, organizes CBI. Without the kōkua (help) from East-West Center participants and staff, CBI could not happen. CBI is a collaborative effort, with participants, volunteers, and the EWC staff all contributing to this unique and inspiring experience!

Definitions

Throughout CBI, we will use Hawaiian words, partly because the East-West Center is in Hawai‘i, and partly because these Hawaiian words offer a complexity and richness not found in the English definitions. The definitions are provided via Ulukau: The Hawaiian Electronic Library (<http://wehewehe.org/>). Because some of the definitions are quite long, the full meanings (in different contexts) may not be listed. If more information is needed, consult Ulukau.

These words may have similar meanings to concepts in your cultures and communities. As you read these words, consider how these words differ from the terms found in your communities, or offer similarities with those terms.

The Hawaiian words and their definitions are the following:

| | |
|---------------------|---|
| ahupua‘a | Land division usually extends from the uplands to the sea. . . . |
| ‘āina | Land, earth. . . . <i>Ua mau ke ea o ka ‘āina i ka pono</i> (motto of Hawai‘i), the life of the land is preserved in righteousness. |
| aloha | Love, affection, compassion, mercy, sympathy, pity, kindness, sentiment, grace, charity; greeting, salutation, regards. . . . |
| ‘ike | To see, know, feel, greet, recognize, perceive, experience, be aware, understand. |
| kaiāulu | Community, neighborhood, village. |
| kuleana | Right, privilege, concern, responsibility, title. . . . |
| mahalo | Thanks, gratitude; to thank. Mahalo nui loa, thanks [you] very much. ‘Ōlelo mahalo, compliment. |
| mākaukau | Able, competent, capable, handy, efficient, proficient. . . . |
| mālama | To take care of, tend, attend, care for, preserve, protect. . . . |
| mauka/ makai | Inland/ Toward the Ocean |
| ‘onipa‘a | Fixed, immovable, motionless, steadfast, established, firm, resolute, determined |
| ‘ohana | Family, relative, kin group; related. |
| pau | Finished, ended, through, terminated, completed, over, all done; final. |
| pilina | Association, relationship, union, connection, meeting, joining, adhering, fitting. |

Goals

The goals for this fall 2021 CBI pertain to four common words: unity, community, leadership and duty. These words, with their Hawaiian meanings, are listed below, as are the underlying goals for CBI 2021:

Lōkahi (unity, agreement, accord, unison, harmony)

- Identify common interests and concerns of our Asia-Pacific communities.
- Share cultural experiences and identify commonalities in countries and regions of Asia and the Pacific, as well as, identify interests and concerns unique to each country or region.
- Practice working across cultures and disciplines toward a shared goal.

Kaiāulu (Community, neighborhood, village)

- Learn about the cultures represented by participants in the Community Building Institute.
- Explore O‘ahu communities to gain a sense of place in your new home.
- Provide activities to share understandings of cultural values and how those apply to shared, community living at EWC.
- Understand the work of the EWC and its role in Asia Pacific community building.

Laulima (Cooperation, joint action; lit. many hands.)

- Develop knowledge of collaborative means for greater awareness of the importance of a sense of place.
- Identify concepts related to creative collaboration in Asia and the Pacific.
- Explore collaboration and harmony within the East-West Center and in local communities.
- Establish new friends and colleagues in the East-West Center community.

Kuleana (Responsibility/ Duty/Privilege)

- Inspire participants to explore their responsibilities within the study of Asia and the Pacific.
- Explain responsibilities of your East-West Center program and within your East-West Center community.
- Identify opportunities for one’s own contributions to the EWC and Honolulu community.

Activities and Assignments

The virtual activities and assignments for CBI are intended to be engaging, fun, insightful and challenging. These assignments are based on team-building and experiential activities, as well as presentations from speakers and experts in their fields. By the end of CBI (even if you have been at the University of Hawai‘i or at the East-West Center for a while), you will very likely begin to view other participants and Asia Pacific communities anew; you will have greater awareness of these communities and understand better how these communities are linked.

Attendance at virtual CBI Presentations and Activities

Virtual CBI is a requirement for all new East-West Center participants. The schedule identifies all the mandatory virtual CBI presentations and activities. Any exceptions must be cleared with your program coordinator.

Activities

(Mandatory and Encouraged)

There will be **mandatory** group activities scheduled throughout the virtual CBI (see activities in shaded boxes on schedule below). Be creative as you participate in these activities. Trust the process and learn from others. Some other activities are **encouraged**, but are not mandatory.

Assignments

There are assignments during CBI. These are based on experiential participation that relate to ‘Onipa‘a -- being rooted but moving forward. Some of the activities may seem challenging. However, if you trust in the process, the outcome will hopefully be very rewarding. We worked hard to make these activities engaging and meaningful in a virtual world!

Presentations

Speakers and presenters during our virtual CBI deserve the utmost respect and consideration. When asking questions or interacting during these presentations, also provide time for others, and most importantly ensure that the speaker feels welcomed to CBI.

Staff and Instructors

Steve Bell (he/him/his) serves as an International Programs Specialist in the Education Program at the East-West Center. In this role, he coordinates the Graduate Degree Fellowship and the Obuchi Student Scholarship. Dr. Bell was born and spent his early childhood in the Manoa Valley. Growing up in Hawaii provided Steve's introduction to multiculturalism and fostered his lifelong interest in and connection to the Asia-Pacific region. Steve's professional career has been dedicated to the development, promotion, implementation, and expansion of global higher education, including management and operation of intercultural and academic assimilation, mentoring, and leadership programs for international and U.S. students. Prior to joining the East-West Center, Dr. Bell directed the offices of Study Abroad and International Programs at Old Dominion University; coordinated student and professional programs at the University of Texas at Austin International Office; led study abroad programs for the School for International Training in East Africa; headed a Quaker social action center in Mexico City; served as the Cross Cultural Coordinator for Peace Corps Yemen's Pre-Service Training; and taught ESL internationally and in the U.S. Moreover, Steve has been a Fulbright Scholar in Japan, a Rotary Scholar in Mexico, a Baden-Württemberg Scholar in Germany, and a Peace Corps Volunteer in Yemen. Steve holds Ph.D. in Education from Old Dominion University (Norfolk, VA), a Master's of International Administration from the School for International Training (Brattleboro, VT), and a Bachelor of Arts from St. Olaf College (Northfield, MN).

Hayley Cannizzo (she/her/hers) holds a Masters in Second Language Studies and an Advanced Graduate Certificate in Women's Studies from the University of Hawai'i. She currently serves as a Program Associate in both the Education and Leadership Program and is an East-West Center alumna. Hayley has worked around the globe in international education in France, Thailand, Denmark, Moldova, and most recently Hawai'i. She holds a BA in International Studies and French from the University of Indiana and a certificate in gender mainstreaming from The Human Rights Campus. Hayley specializes in feminist and social justice pedagogy and is passionate about advancing the needs and concerns of women, transgender, and gender nonconforming students through an intersectional lens. She was selected as a 2019 Humanity in Action Fellow for her work promoting socially just, culturally responsive, and inclusive educational programming. She also sits on the DEI (Diversity, Equity, and Inclusion) advisory committee to the US Bureau of Educational and Cultural Affairs for their English Language Programs. In her free time, Hayley trains teachers in DEI education and inclusive classroom practices. Her current research focuses on the intersection of language, gender, and power in higher education.

Ann Hartman (she/her/hers) is Dean of the East-West Center Education Program. She provides overall leadership for the Center's graduate student programs, ensuring an enriching intellectual, social and cultural experience for students in residence at the EWC, a cooperative relationship with the University of Hawai'i, and international partnerships with institutions across the Asia Pacific region. Previously, she spent 15 years in the Seminars Program at the East-West Center, coordinating short-term professional development and exchange experiences for journalists, young political leaders and women entrepreneurs. Through this work, she built partnerships and led visits to Cambodia, China, Indonesia, Korea, Japan, Vietnam, Philippines, Pakistan, Myanmar and India

in Asia and cities across the US from Boston to Seattle on topics such as climate change, health, education, globalization, security, the future of jobs, and heritage preservation. From 2011-2014, she designed and led a Pakistan-U.S. Journalists Exchange, bridging gaps in understanding between the two countries through study tours and dialogue. From 2008-2017, she was the co-coordinator for the Changing Faces Women's Leadership Seminar, a training program for female innovator entrepreneurs. Ms. Hartman co-authored the book chapter, "Changing Faces Women's Leadership Seminar: A Model for Increasing Asia Pacific Women's Entrepreneurial Participation," in the 2014 academic text *Women and Leadership Around the World*.

Ms. Hartman came to the East-West Center in 2002 from a career in teaching, training, and program administration. She was Associate Peace Corps Director for programming and training in Uzbekistan (1997–2001) and she was a Peace Corps volunteer teacher and teacher trainer in Multan, Pakistan (1990-1991) and Stara Zagora, Bulgaria (1991-1993). Ms. Hartman received her master's degree in international education from the Center for International Education at the University of Massachusetts, Amherst and her BA from St. Olaf College in Minnesota.

Alapaki Luke (he/him/his) was born and raised in Hawai'i and is a EWC '03 alumnus (Kamehameha Schools Bishop Estate–East-West Center Native Hawaiian Degree Fellow). Alapaki holds a B.A. in Geography and a M.Ed. in Curriculum Studies. He plants taro at his lo'i (taro patch) in Kahana Valley in the Ko'olauloa district of O'ahu Island and makes poi (pounded taro) on a regular basis for the 'ohana (family) and the community. Since August 2002, Alapaki has coordinated or facilitated various activities for the two-week orientation, now known as CBI, for incoming EWC students, which instills in them an appreciation for Hawai'i's native people and the host culture. During their time with Alapaki, they experience the true spirit of the 'āina (land) and the metaphors within. Both of Alapaki's grandmothers are Hawaiian, and he was fortunate to be raised within the Hawaiian culture.

At the University of Hawai'i's Honolulu Community College, Alapaki is the Kūlana Hawai'i: Hawaiian Programs Division Chair and the Hawaiian Studies Coordinator, teaching courses in Hawaiian Studies, Hawaiian Language, and Geography of Hawai'i. He also lectures for Hawaiian Studies and Geography at the UH Mānoa campus. Alapaki has served on the "Hawai'i Papa o Ke Ao" task force for the University of Hawai'i at the system level. This group is tasked with developing a plan to make the University of Hawai'i a leader in indigenous education. Alapaki was the chairman of the State of Hawai'i Taro Security and Purity Task Force, an entity established by State Law to gather information from the taro communities in Hawai'i and address issues to perpetuate the industry and cultural lifestyle.

He still finds time to be one of the most active EWC alumni; organizing CBI sessions, presenting for various seminars and programs, and facilitating field trips for EWC groups. He has served on the EWCA scholarship committee and has also served as Vice-President for Participant Affairs on the EWCA International Board. In 2010, Alapaki received the EWC Alumni Hawai'i Chapter's "Outstanding Service Award."

Kanika Mak-Lavy (she/her/hers) coordinates EWC Foundation scholarships and manages the Award Services office, which is responsible for student applications, participant records, and visa services for the entire East-West Center. Prior to coming to the Center in 2008, she was a diplomat

at the U.S. Consulate in Ho Chi Minh City, Vietnam and a political affairs intern at the U.S. Embassy in Phnom Penh, Cambodia. Kanika's academic focus is on international relations, human rights, and Southeast Asian studies and she has published articles on the Khmer Rouge genocide in Cambodia and gender and development in sub-Saharan Africa. She is passionate about international education, cross-cultural exchange, diversity and gender equity, tech-driven productivity, and community development from the local to the global. In her free time, she enjoys taking hula classes, snorkeling, helping out with a community service club at her daughter's school, and trying foods from around the world. She holds an M.A. in International Relations from Yale University, a B.S. in Foreign Service from Georgetown University, and an international certificate from the Institut d'Etudes Politiques-Paris.

Robert Moore (he/him/his) is a Scholarship Program Specialist with the EWC Education Program and a proud 2018 EWC alumnus (Graduate Degree Fellow). Robert holds an M.Ed. in International Education Policy from Harvard University and a Ph.D. in International Business from the University of Hawaii at Manoa. His research is on investments and business operations in places that are recovering from war, and his work has been focused on increasing educational and economic opportunities for students in those environments. Before arriving at the EWC, Robert worked in leadership roles at the American University of Iraq, in Sulaimani, Iraq, and at the King Abdullah University of Science and Technology, in Jeddah, Saudi Arabia. He is also a musician and choir director, and in Saudi Arabia played drums in an underground rock band called "Budget Meal".

Sophie Sidhu (she/her/hers) serves as a Student Programs Specialist for the East-West Center's Education Program, where she is responsible for managing the Student Affiliate Program, advising EWCPA, and supporting key areas of EWC student life. Sophie's background is in diversity, equity and inclusion work in higher education, with an emphasis on creating opportunities for intercultural learning. Prior to coming to EWC, she worked for ten years at Cornell University, as Associate Dean of Students/Director of the Asian & Asian American Center, and Assistant Dean of Students for Diversity Education & Outreach. Sophie has also worked on diversity and community building initiatives at Columbia University, Hampshire College and the University of Hawaii, Manoa and has interned with UNICEF India. Sophie holds an M.A. in International Educational Development/Peace Education from Columbia University, Teachers College, and a B.A. in International Studies from Hampshire College. She has been published by UNICEF for her research on gender equality and human rights education in India. Sophie comes from a mixed race background (Punjabi Indian, Russian & English) and enjoys learning about different cultures and environments. She feels grateful to live in Hawaii and strives to contribute to Aloha 'Aina.

Presenters

Hannah Im (she/her/hers) was born in South Korea but spent most of her formative years in Kenya where the seeds of her core values for cross-cultural service were initially planted. Hannah moved to the United States after high school where she completed her BA in Political Science at the University of Michigan and moved on to get her MA, then her doctorate in Clinical Psychology at Wheaton College. She also recently became a US citizen and proudly identifies herself as a

first-generation immigrant. Given her background in traversing and often negotiating vastly different cultural realities, she is particularly sensitive to understanding barriers to adequate and accessible mental health services for underserved communities and work hard to co-create meaningful conversations where the stigma around mental health can be reduced, new help-seeking approaches can be co-created and clinical services can be increasingly culturally informed.

For the last four years, she has enjoyed her work as a staff psychologist at the Counseling and Student Development Center, where she has been able to journey together with an amazing group of students who have sought out and utilized their counseling services. Hannah approaches her work as a therapist with a strong multicultural emphasis, which is grounded in the belief that our identities are profoundly shaped by systemic and cultural forces. As such, she seeks to listen deeply to the experiences of her clients and co-create a safe and insight-driven approach where her clients can move toward growth and wholeness.

Prior to her work at the CSDC, she received her doctorate in psychology (Psy.D.) through Wheaton College. Her clinical training experiences have been deliberately diverse in nature in her attempt to be a generalist practitioner and have included working at community counseling centers in South Chicago, in educational settings in Nairobi, Kenya, and in University Counseling Centers in the Chicago suburbs and now at the University of Hawai'i.

Schedule

**Community Building Institute
August 9–20, 2021**

Attendance at all virtual sessions is mandatory for participants unless otherwise noted. Please use this color key for guidance on other session participation:

NO COLOR = Regularly scheduled, mandatory session for all. No registration needed.

PURPLE = “Talk Story” with EWC Staff. You must register for and attend 3 sessions.

BLUE = Campus Partner Workshops. You must register for and attend 3 sessions.

ORANGE = Optional Activities

Synchronous learning refers to a learning event in which a group of participants is engaged in learning at the same time. *Please note that all scheduled CBI sessions are synchronous.*

All times are Hawai‘i Standard Time = HST

Monday, Aug. 9, 2021

Synchronous sessions: ZOOM LINK: <https://bit.ly/2021-cbi>

1:30 PM -- 2:00 PM

2:00 PM -- 2:50 PM

Join Zoom meeting by 1:30 pm; announcements and attendance
**EWC CBI and Sense of Place, Alapaki Luke, CBI Coordinator.
Welcome and Introduction to CBI and Education Program staff,
overview of CBI.**

2:50 PM -- 3:00 PM

Break

3:00 PM -- 5:00 PM

Project Team Session

Introduction to Project and instructions for Project Team Breakouts

Tuesday, Aug. 10, 2021

10:00 AM -- 11:30 AM

Optional: Kumu Project

KUMU Project Workshop via Zoom

The EWC Arts Program invites you to join a hands-on booklet making workshop with EWC alumna and artist, Meleanna Meyer, and Annie Reynolds, EWC Exhibitions and Collections Curator. Through this workshop, you will learn about the importance of place with the EWC located in Hawai'i and will be invited to reflect on your experiences that brought you to the EWC and what you hope to

manifest while at the EWC.

Please see KUMU Project website for more details:

<http://arts.eastwestcenter.org/kumuproject/>

And a sampling of similar booklets created by EWC community members:

<https://www.flickr.com/photos/eastwestcenter/albums/72157718932320861>

All participants will receive a complementary art packet.

Tuesday, August 10, 10:00-11:30 a.m.

Register here before 4:00 p.m. 8/9:

<https://eastwestcenter.zoom.us/meeting/register/tJwpd-ihqDwrH9GYGBjR753zD4SjOp3Webhi>

01:00 PM -- 2:00 PM

Group Project Work

2:00 PM -- 2:30 PM

2:30 PM -- 5:30 PM

Synchronous sessions: **ZOOM LINK:** <https://bit.ly/2021-cbi>

Join Zoom meeting by 2:00 pm; attendance; preview schedule

Instructions (2:30-2:40 PM) for the following Program Breakout Sessions

Program Breakout Sessions

Student Affiliates: Sophie Sidhu (2:40-3:40)

(Stay in main CBI room)

Tax Info / Health Insurance / Visas (2:40-3:55):

ZOOM LINK: <https://eastwestcenter.zoom.us/j/8089447752>

GDF & Obuchi: Steve Bell (4:00-5:30)

(Stay in Health Insurance/Tax Info/Visas Zoom room)

ADB/USSP: Robert Moore (4:00-5:00):

ZOOMLINK: <https://hawaii.zoom.us/j/97198730538>

Foundation Scholars: Kanika Mak-Lavy (4:00-5:00):

ZOOM LINK: <https://bit.ly/kanika-zoom-room>

Talk Story & Campus Partner Registration Due Wednesday 8/11 at noon. Register at the links below:

Talk Story (Select 3 sessions) : <https://forms.gle/aXYQnHkvoEvcQd4MA>

Campus Partners (Select 3 session) : <https://forms.gle/2jenFMBEUkPiF1Jf9>

Wednesday, Aug. 11, 2021

9:30 AM -- 10:00 AM
10:00 AM -- 11:00 AM

Synchronous sessions: **ZOOM LINK:** <https://bit.ly/2021-cbi>
Join Zoom meeting by 9:30 AM; attendance; preview schedule
Welina mai, welcome to EWC
Emcee, Alapaki Luke
Hula and mele, Vicky Takamine

Aloha and Welcome Remarks

- Ann Hartman, Dean
- Richard R. Vuylsteke, EWC President
- Christina Monroe, EWC Office of Alumni Engagement
- Chad Zane, President of Friends of the EWC

11:00 AM -- 1:00 PM Break/Lunch on own

Talk Story & Campus Partner Registration Due Wednesday 8/11 at noon. Register at the links below:

Talk Story (Select 3 sessions) : <https://forms.gle/aXYOnHkvoEvcQd4MA>

Campus Partners (Select 3 session) : <https://forms.gle/2jenFMBEUKPiF1Jf9>

1:00 -- 2:00 PM **Group Project Work**

2:30 PM
3:00 PM -- 3:30 PM

Synchronous sessions: **ZOOM LINK:** <https://bit.ly/2021-cbi>
Join Zoom meeting by 2:30 PM; attendance; preview schedule
Intro to Education Program and Each Other - Community Engagement
Introductions: Non-traditional bio activity
-Mary Therese Hattori, Interim Director, Pacific Islands Development Program (PIDP)

3:30 PM -- 3:45 PM **Break (stay on Zoom)**

3:45 PM -- 5:00 PM

Overview of the Education Program: Opportunities and Responsibilities
Ann Hartman, Dean, Education Program
East-West Center Participants Association (EWCPA)
The Exchange
International Graduate Student Conference (IGSC)
International Women's Group (IWG)

Assignment: Please watch this [video](#) and [complete this form](#) verifying that you have watched the video by August 17, 2021.

Thursday, Aug. 12, 2021

“Talk Story” with East-West Center Staff

The EWC is doing exciting work in research and capacity building across the Asia Pacific region. There are many opportunities for students to connect with the work of the Center both while they are here and when they return home. CBI students will attend a minimum of three sessions (required) but can attend all four!

11:00 PM -- 12:00 PM

- Session One: EWC in Washington and Advancing the Indo Pacific Community - Special time

11:00am-12:00pm

Satu Limaye, Vice President, EWC, and Director, East-West Center in Washington; Matt Sullivan, Projects Coordinator; Lance Jackson, Programs Coordinator

Zoom Link: <https://eastwestcenter.zoom.us/j/8089447752>

- Session Two: Alumni Engagement: it's not too early to start! - Special time

Christina Monroe, Director of Alumni Engagement; Noreen Tanouye, Alumni Coordinator; Amefil Agbayani, Alumni-Student Coordinator, EWCA Mentoring Program; Kem Lowry, Chair, EWCA Mentoring Program Matching Committee; Itsuko Suzuki, Alumni-Student Coordinator, EWCA Mentoring Program

Zoom Link: <https://eastwestcenter.zoom.us/j/4304913524>

Meeting ID: 430 491 3524

Synchronous sessions:

12:00 PM -- 1:00 PM

“Talk Story” with EWC Staff Concurrent Sessions

- Session Three: Top Five Asia-Pacific International Security Dangers

Denny Roy, Senior Fellow

Zoom Link:

<https://eastwestcenter.zoom.us/j/98000847431?pwd=NDNVRG9JYWRHUzdBbjFRZkVtb2Y3UT09>

Meeting ID: 980 0084 7431

Passcode: 654375

- Session Four: Climate Change in the Pacific Islands Region

Victoria Keener, Senior Research Fellow; Zena Grecni, Sustained Climate Assessment Specialist

Zoom Link:

<https://eastwestcenter.zoom.us/j/91779835650?pwd=ZTJnTzNpTVo0VldoNTF6cmpmUmlHOT09>

Meeting ID: 917 7983 5650

Passcode: 719522

1:30 PM -- 2:00 PM

2:00 PM -- 5:00 PM

Synchronous sessions: **ZOOM LINK:** <https://bit.ly/2021-cbi>

Join Zoom meeting at 1:30 PM; attendance; preview schedule

Life at EWC - The Residential Experience

EWC Housing Overview (2:00-2:30): EWC Housing Staff
 EWC Emergency Preparedness (2:30-3:00): Kris Thompson
 Cross-Cultural Communication and Shared Living (3:15-5:00):
 Sophie Sidhu, Hayley Cannizzo, Steve Bell

Friday, Aug. 13, 2021

11:00 AM -- 12:00 PM

Lunch Pickup at Hale Hālāwai

Synchronous sessions:

12:00 PM -- 1:00 PM

Concurrent Sessions

“Talk Story” with EWC Staff

- Session One: Micronesia Between the Big Powers, World War II to the Present

Robert Riley, Director of Management Operations / Ambassador (ret.)

Zoom Link:

<https://eastwestcenter.zoom.us/j/94100882583?pwd=UGFFRDNkaCtMeHOvUHI4eS9OS3ZDZz09>

- Session Two: Perspectives from the Field of International Education

Robert Moore, Scholarship Program Specialist; Steve Bell, International Programs Specialist; Sophie Sidhu, Student Programs Specialist

Zoom Link: <https://hawaii.zoom.us/j/94672794436>

- Session Three: Arts @ EWC: Past, Present, Future

Eric Chang, Arts Program Coordinator; Annie Reynolds, Exhibitions and Collections Curator; Nawahine Lanzilotti, Arts Program Assistant

Zoom Link: Join Zoom Meeting

<https://eastwestcenter.zoom.us/j/96312457951?pwd=dmhucHE4Vkt0T2N4NWpGRFIDQTVLUT09>

Meeting ID: 963 1245 7951
Passcode: 483065

1:00 -- 2:00 PM

Group Project Work

2:15 PM

Synchronous sessions: **ZOOM LINK:** <https://bit.ly/2021-cbi>
 Join Zoom meeting by 2:15 PM for attendance and session start

2:30 PM -- 4:00 PM

Cultural / Historical Overview: Alapaki Luke

4:00 PM -- 4:15 PM

Break

4:15 PM -- 5:30 PM

Local Styles: Pidgin; Hula; Recreation

Saturday, August 14, 2021

7:00 PM

Meditation

Practice meditation and have one or two practitioners to lead the experience and offer advice

Topic: Meditation

Time: Aug 14, 2021 07:00 PM Hawaii

Join Zoom Meeting

<https://zoom.us/j/97838184767?pwd=U1NIYXdrZC9qM0pZRmNWM2QwaDFIZz09>

Meeting ID: 978 3818 4767

Passcode: G8KjSA

Sunday, Aug. 15, 2021

6:00 PM

Game Night: Play two online team games including Among Us and Skribbl.

Kaiqi Hua is inviting you to a scheduled Zoom meeting.

Topic: Game Night

Time: Aug 15, 2021 06:00 PM Hawaii

Join Zoom Meeting

<https://zoom.us/j/93151067390?pwd=N216cmxRWDIUeVBqVFpVRnV4dUVnUT09>

Meeting ID: 931 5106 7390

Passcode: i5uQLp

Monday, Aug. 16, 2021

| | Synchronous sessions: |
|--|---|
| 12:00 PM -- 1:00 PM Concurrent Sessions | “Talk Story” with EWC Staff |
| | Moved to Thursday, Aug 19 11 am- Session One: Talk Story with the President of East-West Center |
| | Richard Vuylsteke, President |
| | Zoom Link: https://eastwestcenter.zoom.us/j/93808704000 |
| | Meeting ID: 938 0870 4000 |
| | CANCELLED- Session Two: Urban Climate Adaptation |
| | Kem Lowry, Emeritus Professor of Urban Planning |
| | Zoom Link: |
| | https://eastwestcenter.zoom.us/my/sophie.sidhu.meeting |
| | - Session Three: Population Aging and Economy |
| | Sang-Hyop Lee, Senior Fellow and Professor |
| | Zoom Link: https://hawaii.zoom.us/j/5099990655 |
| | - Session Four: Intro to Leadership Program and SDG5 |
| | Gretchen Alther, Leadership Program Senior Manager, Senior Leadership Development Specialist; Amanda Ellis, Former UN Ambassador and Lead Gender Specialist for the World Bank Group, current Director Global Partnerships, ASU Wrigley Global Futures and Professor of Practice, Thunderbird School of Global Management ; Hayley Cannizzo, Education Program Associate/Leadership Program Associate; Nathan Lancaster, Senior Program Officer, Leadership Program |
| | Zoom Link: |
| | https://eastwestcenter.zoom.us/j/95662686950?pwd=cFI0cVlIREpZZmk4dW1xeGVBOzQ5UT09 |
| | Meeting ID: 956 6268 6950 |
| | Passcode: 090425 |
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| 4:00 PM -- 5:00 PM | Pau Violence; Pause Space; LGBTQ+ Center |
| | <i>students will have to pre-register and attend a minimum of three sessions that are starting at 4PM August 16, 17, and 19.</i> |
| | |
| | |
| | Pau Violence |

1st Session

Topic: PAU Violence: Let's Get REAL - August 16th

Time: Aug 16, 2021 04:00 PM Hawaii

Join Zoom Meeting

<https://hawaii.zoom.us/j/97640287120>

Meeting ID: 976 4028 7120

Passcode: UHM2021

Pause Space

Join Zoom Meeting

<https://hawaii.zoom.us/j/97455523777?pwd=SjFab2s1czBSaWQwNVhKanJmbjOrUT09>

Meeting ID: 974 5552 3777

Passcode: Mindful

LGBTQ+ Center**Zoom Link:**<https://hawaii.zoom.us/j/8085666795>**5:00 PM -- 5:30 PM UHM Public Safety****Zoom meeting with UH Manoa Department****of Public Safety When: Aug 16, 2021 05:00 PM Hawaii****Mandatory: Everyone Register in advance for this meeting:**https://hawaii.zoom.us/meeting/register/tJcsf--trTlqHdGcZGcK_9fFaHyADI1fQbOL

After registering, you will receive a confirmation email containing information about joining the meeting.

Tuesday, Aug. 17, 2021**4:00 PM -- 5:00 PM****[Pau Violence, Implicit bias/microaggression workshop,](#)****Violence, Implicit bias/microaggression workshop*****students will have to pre-register and attend a minimum of three sessions that are starting at 4PM August 16, 17, and 19.*****Pau Violence**

2nd Session

Topic: PAU Violence: Let's Get REAL - August 17th

Time: Aug 17, 2021 04:00 PM Hawaii

Join Zoom Meeting<https://hawaii.zoom.us/j/99511106048>

Meeting ID: 995 1110 6048

Passcode: UHM2021

Implicit bias/microaggression workshop**Zoom:**<https://eastwestcenter.zoom.us/j/6637889014?pwd=QUoxUmxLY2JYSTFkMnRWbW9UZzZaUT09>**Wednesday, Aug. 18, 2021**

10:00 AM -- 11:30 AM

Optional: Kumu Project**KUMU Project Workshop via Zoom**

The EWC Arts Program invites you to join a hands-on booklet making workshop with EWC alumna and artist, Meleanna Meyer, and Annie Reynolds, EWC Exhibitions and Collections Curator. Through this workshop, you will learn about the importance of place with the EWC located in Hawai'i and will be invited to reflect on your experiences that brought you to the EWC and what you hope to manifest while at the EWC.

Please see KUMU Project website for more details:

<http://arts.eastwestcenter.org/kumuproject/>

And a sampling of similar booklets created by EWC community members:

<https://www.flickr.com/photos/eastwestcenter/albums/72157718932320861>

All participants will receive a complementary art packet.

Wednesday, August 18, 10:00-11:30 a.m.

Register here before 4:00 p.m. 8/17:

<https://eastwestcenter.zoom.us/meeting/register/tJYpfumoqD0jGdbPg4TuwtX-0xi1I97PfiJn>

Pre-Session Requirement: You must view the 30-minute video and complete the form (5 minutes) prior to the Title IX session. Please complete now if you have not already done so.

[Training Video](#)

[Completion Form](#)

| | |
|--------------------|--|
| | Synchronous sessions: ZOOM LINK: https://bit.ly/2021-cbi |
| 3:15 PM -- 3:30 PM | Join Zoom meeting; attendance; preview schedule |
| 3:30 PM -- 4:45 PM | UH Title IX Session |
| 4:45 PM -- 5:00 PM | Break |
| 5:00 PM -- 5:30 PM | Title IX EWC Sabrina Nasir |

Thursday, Aug. 19, 2021

| | |
|-------------------|--|
| 11:00 AM-12:00 PM | Talk Story with the President of East-West Center Richard Vuylsteke, President ZOOM LINK: https://eastwestcenter.zoom.us/j/91246905971 Meeting ID: 912 4690 5971 |
|-------------------|--|

| | |
|----------------------------|---|
| | Synchronous sessions: |
| 12:00 PM -- 1:00 PM | “Talk Story” with EWC Staff |
| Concurrent Sessions | |
| | - Session One: Diversity, Equity, and Inclusion (DEI) at the East-West Center Sabrina Nasir, DEI Coordinator; Dana Almodova, Administrative Officer; Communications & External Relations department; Sophie Sidhu, Student Programs Specialist, Education Program; Nawahine Lanzilotti, Arts Program, Communications & External Relations ZOOM LINK: https://eastwestcenter.zoom.us/my/sophie.sidhu.meeting |
| | - Session Two: EWC journalism programs and a discussion of media/journalism issues in the Asia Pacific Region Susan Kreifels, Media Program Manager, East-West Seminars and Journalism Programs; Derek Ferrar, News & Information Specialist, EWC |
| | NEW Zoom Link: Steve Bell Personal Meeting Room |

- Session Three: Southeast Asia in Transition

Jefferson Fox, Senior Fellow and Acting Director of Research;
Phanwin Yokying, Fellow, Research Program; Kevin Woods, Fellow,
Research Program

Zoom Link:

<https://eastwestcenter.zoom.us/j/93421365585?pwd=R25wZ2xyK3hJY2V4Qmh1endLd09xZz09>

Meeting ID: 934 2136 5585

Passcode: 822394

- Session Four: EWC in the Pacific: The Pacific Islands Development Program

Mary Therese Hattori, Interim Director; James Viernes, Regional
Engagement and Development Officer; Tolu Samifua, Community
Engagement and Development Officer

Zoom Link:

<https://eastwestcenter.zoom.us/j/93842672816?pwd=VGNRRExkNmduQaUMxvO1XV0tnZ3lYUT09>

4:00 PM -- 5:00 PM

Women's Center, LGBTQ+ Center, Implicit**bias/microaggression workshop, & Pause Space,**

students will have to pre-register and attend a minimum of three sessions that are starting at 4PM August 16, 17, and 19.

Women's Center**ZoomLink:Join Zoom Meeting**

<https://us02web.zoom.us/j/89518399642?pwd=TkxuRFIzTTRVZXBXOFNrcGxINWxVZz09>

Meeting ID: 895 1839 9642

Passcode: ALOHA

LGBTQ+ Center**Zoom Link:**

<https://hawaii.zoom.us/j/8085666795>

Implicit bias/microaggression workshop**Zoom:**

<https://eastwestcenter.zoom.us/j/6637889014?pwd=QUoxUmxLY2JYSTFkMnRWbW9UZzZaUT09>

Pause Space

Join Zoom Meeting

<https://hawaii.zoom.us/j/97455523777?pwd=SjFab2s1czBSaWQwNVhKanJmbjOrUT09>

Meeting ID: 974 5552 3777

Passcode: Mindful

Friday Aug. 20, 2021

11:00 AM -- 12:00 PM **Lunch pickup at Hale Hālāwai and delivery to Lincoln Hall**

12:00 PM -- 12:30 PM **Synchronous sessions: ZOOM LINK: <https://bit.ly/2021-cbi>**
Join Zoom meeting; sign attendance; preview schedule

12:30 PM -- 2:00 PM **Mental Health and Wellness: Hannah Im**

2:15 PM -- 4:45 PM **EWCPA Elections Info (2:15-2:30),
Group project share (2:30-4:15),
Closing ceremony (4:15-4:30).**

4:30 PM -- 5:00 PM **Evaluations**

6:00 PM **Trivia**

Team play Trivia, answer 30 questions related to Asia-Pacific region history and culture

Topic: Trivia

Time: Aug 21, 2021 06:00 PM Hawaii

Join Zoom Meeting

<https://zoom.us/j/95964501963?pwd=TINRMmk0Ryt5dzRNZ2FwYVArWWtwZz09>

Meeting ID: 959 6450 1963

Passcode: A4EVf9

Appendix A

“Talk Story” with East-West Center Staff

The EWC is doing exciting work in research and capacity building across the Asia Pacific region. There are many opportunities for students to connect with the work of the Center both while they are here when they return home.

Join at least three sessions (required) to engage EWC staff and learn more about their work.

Thursday, August 12

11:00-12:00

The East-West Center in Washington and Advancing the Indo-Pacific Century

- Satu Limaye, Vice President, EWC, and Director, East-West Center in Washington
- Matt Sullivan Matt Sullivan, Projects Coordinator
- Lance Jackson, Programs Coordinator

The **East-West Center in Washington (EWCW)** advances US-Indo-Pacific relations by convening ideas and individuals to create innovative and policy-relevant content, publications, exchanges, and outreach activities. These include: the *Asia Matters for America* initiative; *Congressional Staff Programs*; *Asia Pacific Bulletin* publication series; *Visiting Fellows/Scholars programs*; *Indo-Pacific Seminars*; *Special Projects and Publications* including the *North Korea and the World* website and webinar series. EWCW Director and EWC Vice President Satu Limaye will share information about EWCW activities and opportunities and will share his insights on the “state of play” in the Indo-Pacific region. Matt Sullivan and Lance Jackson will then share information about one of EWCW’s latest projects, “U.S. Indo-Pacific Statecraft Matters for South and Southeast Asia” (UMSS), an extra-curricular, leadership and educational program that will impart college and university students in Bangladesh, India, Indonesia, Nepal, Thailand, and the United States with knowledge of U.S. Indo-Pacific policy and principles through an online virtual training toolkit and curriculum created by the East-West Center in Washington (EWCW).

<https://www.eastwestcenter.org/about-ewc/directory/satu.limaye>

<https://www.eastwestcenter.org/about-ewc/directory/matthew-k.sullivan>

<https://www.eastwestcenter.org/about-ewc/directory/lance.jackson>

11:00-11:45

Alumni Engagement: It's not too early to start!

- Christina Monroe, Director of Alumni Engagement
- Noreen Tanouye, Alumni Coordinator
- Amefil Agbayani, Alumni-Student Coordinator, EWCA Mentoring Program
- Kem Lowry, Chair, EWCA Mentoring Program Matching Committee
- Itsuko Suzuki, Alumni-Student Coordinator, EWCA Mentoring Program

Want to start engaging with the alumni network now? Great! It's not too early to start. Find out what the Office of Alumni Engagement offers and how you can be involved. Learn about the EWCA Mentoring Program where our alumni coordinators match current EWC students with Honolulu-based alumni, professionals, and community leaders to strengthen their career interests.

<https://www.eastwestcenter.org/about-ewc/directory/christina.monroe>

<https://www.eastwestcenter.org/about-ewc/directory/noreen.tanouye>

Alumni Mentorship Program Coordinators

- Dr. Amefil Agbayani is emeritus assistant vice-chancellor for student diversity and director of Student Equity, Excellence and Diversity (SEED), Office of Student Affairs at the University of Hawai‘i at Mānoa. She has been involved with the EWCA Mentoring Program for more than ten years as a member of the Matching Committee. Since her retirement in 2016, she has assumed a larger role as lead volunteer alumni-student coordinator.
- Former adjunct senior fellow in the EWC Research Program, Dr. Kem Lowry chairs the Mentoring Program Matching Committee. He is professor emeritus and former chair of the Department of Urban and Regional Planning and director of the Program on Conflict Resolution at the University of Hawai‘i at Mānoa.
- Itsuko Suzuki, a retired social worker, is one of the group of alumni who started the Mentoring Program in 1997.

12:00-12:45

Top Five Asia-Pacific International Security Dangers

Denny Roy, Senior Fellow

Denny Roy tracks and writes on security issues in the Asia Pacific region, with a special focus on East Asia. He has written recently on Chinese foreign policy, the North Korea nuclear weapons crisis, China-Japan relations, and China-Taiwan relations. His interests include not only traditional military-strategic matters and foreign policy, but also international relations theory and human rights politics. In this session, he will share his current assessment of regional security challenges and what to keep an eye on in the months and years to come.

Denny Roy specializes in Asia Pacific security issues. He joined EWC in 2007. Previously he has worked at: Asia-Pacific Center for Security Studies, Naval Postgraduate School, Australian National University, National University of Singapore, and Brigham Young University. His most recent book is *Return of the Dragon: Rising China and Regional Security* (Columbia University Press, 2013).

For more: [Denny Roy | East-West Center | www.eastwestcenter.org](#)

12:00-12:45

Climate Change in the Pacific Islands Region

- Victoria Keener, Senior Research Fellow
- Zena Grecni, Sustained Climate Assessment Specialist

The session will provide an opportunity to discuss how the [Pacific Regional Integrated Sciences](#)

[and Assessments \(Pacific RISA\)](#) team of physical and social science researchers enhances knowledge and capacity to enable practical applications of climate science for regional decision making in the Pacific Islands. Projects include producing downscaled climate and hydrological projections to estimate future water availability; assessing stakeholders' decision-support needs and their capacity to use seasonal forecasts; facilitating adaptation planning and climate policy through co-development of research and assessments; and analyzing impacts of compound and correlated extreme events.

<https://www.eastwestcenter.org/about-ewc/directory/victoria.keener>

<https://www.eastwestcenter.org/about-ewc/directory/zena.grecni>

Friday, August 13

Micronesia Between the Big Powers, World War II to the Present

Robert Riley, Director of Management Operations / Ambassador (ret.)

Micronesia has been central to geopolitical conflict for almost 100 years. From Japanese occupation in World War II, through its status as a US territory during the Cold War, and up to the present day as a sovereign nation, Micronesia's strategic location in the Pacific has attracted interest from the major players in the Indo-Pacific region.

Friday, August 13, 12:00-1:00 pm

<https://www.eastwestcenter.org/about-ewc/directory/robert.riley>

Perspectives from the Field of International Education

- Robert Moore, Scholarship Program Specialist
- Steve Bell, International Programs Specialist
- Sophie Sidhu, Student Programs Specialist

EWC program coordinators Robert Moore, Steve Bell, and Sophie Sidhu will share their perspectives and experiences from careers in the field of international education.

Friday, August 13, 12:00-1:00 pm

<https://www.eastwestcenter.org/about-ewc/directory/robert.moore>

<https://www.eastwestcenter.org/about-ewc/directory/steve.bell>

<https://www.eastwestcenter.org/about-ewc/directory/sophie.sidhu>

Arts @ EWC: Past, Present, Future

- Eric Chang, Arts Program Coordinator
- Annie Reynolds, Exhibitions and Collections Curator
- Nawahine Lanzilotti, Arts Program Assistant

Meet the Arts Program staff – Eric Chang, Annie Reynolds, and Nawahine Lanzilotti – and learn about the history of arts and cultural programming at EWC, what's happening currently, and

exciting future projects and initiatives. We invite you to share your background, interests, and thoughts about arts and culture in various aspects of life.

Friday, August 13, 12:00-1:00 pm

<https://www.eastwestcenter.org/about-ewc/directory/eric.chang>
<https://www.eastwestcenter.org/about-ewc/directory/annie.reynolds>
<https://www.nawalanzilotti.com/bio>

Monday, August 16

Talk-Story with the President of the East-West Center

Richard Vuylsteke, President

After five years of leading the East-West Center, President Vuylsteke will share his insights on the issues and trends of our Indo-Pacific-US region, and the East-West Center's role now and in the years to come. This is an opportunity to meet and network with Dr. Vuylsteke and get to know better the mission and activities of the East-West Center.

Monday, August 16, 12:00-1:00 pm

<https://www.eastwestcenter.org/about-ewc/directory/richard-r.vuylsteke>

Urban Climate Adaptation

Kem Lowry, Emeritus Professor of Urban Planning

What are the major climate change related impacts affecting urban settings? What can be done to identify and reduce the risks of climate adaptation? What are the priorities for making cities more resilient in adapting climate change impacts?

Monday, August 16, 12:00-12:45 pm

Kem Lowry is Emeritus Professor of Urban and Regional Planning at UH. He has conducted training on urban climate change adaptation in Indonesia, Thailand, Singapore, and the Philippines.

Population Aging and Economy

Sang-Hyop Lee, Senior Fellow and Professor

Today, countries around the world are facing several important structural shifts that have significant implications on economy. Rapid change in population age structure is such a shift. Population change can lead to very different outcomes. In developing countries, the increase in the young working-age population can have a direct and favorable impact on economic growth. In the other countries, however, the older population is increasing very rapidly, which can slow down economic growth. This session will talk about how changing population age structure would

influence economic growth, gender, generational equity, public finances, and other important features of the economy.

Monday, August 16, 12:00-12:45 pm

Dr. Sang-Hyop Lee is Professor and Chair in the Department of Economics and Senior Fellow at the East-West Center. His studies focus on issues related with population changes and social welfare. He has published numerous articles including 14 books focusing issues on population aging and labor market with emphasis on Asian economies. Dr. Lee received his BA and MA in economics from Seoul National University, and PhD in economics from Michigan State University. For more: [Sang Hyop Lee | East-West Center | www.eastwestcenter.org](https://www.eastwestcenter.org/about-ewc/directory/sang-hyop-lee)

Introduction to the EWC Leadership Program and Sustainable Development Goal 5

- Gretchen Alther, Leadership Program Senior Manager, Senior Leadership Development Specialist
- Amanda Ellis, Former UN Ambassador and Lead Gender Specialist for the World Bank Group, current Director Global Partnerships, [ASU Wrigley Global Futures](https://www.asu.edu/wrighley) and Professor of Practice, [Thunderbird School of Global Management](https://www.asu.edu/thunderbird)
- Hayley Cannizzo, Education Program Associate/Leadership Program Associate
- Nathan Lancaster, Senior Program Officer, Leadership Program

For over 20 years, the EWC Leadership Programs have engaged emerging leaders from across the Asia-Pacific regions and around the world to explore emerging and critical global issues, examine leadership models and approaches, and develop leadership intentions and strategies. Through place-based, experiential, and transformative learning, leadership fellows ultimately learn to understand and lead change.

Join this session to learn more about the EWC Leadership Program. We'll provide a quick overview of our community and programs, and share some of the questions that are keeping us up at night and getting us out of bed in the morning. Then we'll talk about one partnership-based initiative focused on introducing leaders to Sustainable Development Goal #5 and our call to action around Gender Equality.

Monday, August 16, 12:00-12:45 pm

<https://www.eastwestcenter.org/about-ewc/directory/gretchen.alther>

<https://www.eastwestcenter.org/about-ewc/directory/amanda.ellis>

<https://www.eastwestcenter.org/about-ewc/directory/nathan.lancaster>

Thursday, August 19

Diversity, Equity, and Inclusion (DEI) at the East-West Center

- Sabrina Nasir, DEI Coordinator
- Dana Almodova, Administrative Officer, Communications & External Relations department
- Sophie Sidhu, Student Programs Specialist, Education Program

- Nawahine Lanzilotti, Arts Program, Communications & External Relations

Diversity, Equity, and Inclusion (DEI) at the East-West Center is a talk story session where participants can hear from EWC staff who serve on the DEI Committee. Participants can learn more about what drives EWC staff towards DEI work, DEI initiatives, and what DEI means for Hawai'i and the East-West Center. This is an interactive sessions where participants can also share their motivations and interests related to DEI work.

Thursday, August 19, 12:00-1:00 pm

Sabrina Nasir is the DEI Coordinator for the East-West Center. Sabrina has worked on a variety of DEI initiatives including applied research to further inclusive hiring practices, understanding the gendered nature of graduate classroom experiences, and several direct service roles working with students in creating a safe, equitable, and inclusive campus. She is passionate about community-based research and using data to empower and build resilient communities.

Dana Almodova is an Administrative Officer for the Communications & External Relations department. He has been with the Center for 3 years and previously worked at Pacific Forum as a Program Manager. Dana is from Kailua, HI.

Sophie Sidhu is a Student Programs Specialist in the Education Program, where she has worked for 3 years. Prior to joining EWC, she worked at Cornell University as an Associate Dean of Students and Director of the Asian & Asian American Center, and as a Diversity Education & Outreach specialist. She is from Ithaca, NY.

Nawahine Lanzilotti is a kanaka maoli (Native Hawaiian) musician and arts educator from Mānoa valley on O'āhu. In both performance and education work, Nawahine aims to sustain indigenous practice in contemporary arts and create accessible spaces for the next generation of Pacific artists to thrive. Nawahine is a proud team member of the Arts Program at the East-West Center where she coordinates education programs and place-based curriculum development with teachers throughout the state.

EWC journalism programs and a discussion of media/journalism issues in the Asia Pacific Region

- Susan Kreifels, Media Program Manager, East-West Seminars and Journalism Programs
Derek Ferrar, News & Information Specialist, EWC

Join Susan Kreifels and Derek Ferrar for a discussion on media and journalism issues and the EWC's many programs and projects focused on media and journalists in the region. The EWC has been working with journalists for more than 50 years, with an exciting legacy and dynamic alumni network across the US, Asia and the Pacific. Susan and Derek will share reflections from their own careers in journalism and they look forward to engaging with students on the important journalism/media issues in the region including press freedom, disinformation/fake news, and other regional media challenges/issues or topics of interest.

Thursday, August 19, 12:00-12:45 pm

<https://www.eastwestcenter.org/about-ewc/directory/susan.kreifels>

<https://www.eastwestcenter.org/about-ewc/directory/derek.ferrar>

Southeast Asia in Transition

- Jefferson Fox, Senior Fellow and Acting Director of Research
- Phanwin Yokying, Fellow, Research Program
- Kevin Woods, Fellow, Research Program

Rapid developments in Southeast Asia have radically transformed rural and urban landscapes and livelihoods, and the pace of change has accelerated in recent decades. Globalization, large-scale infrastructure projects, profound shifts in the political economy of agriculture and natural resource use, and the repositioning of capital and markets as a result of China's Belt and Road Initiative (BRI) are all factors. These processes affect and are affected by environmental changes: increased flooding, rising sea levels and collapsing deltas are increasingly common. Dam construction and sand-mining that has depleted the Mekong River has lowered fishing yields, dropped water levels at hydropower plants so they cannot generate electricity, and choked river flow to a degree that southern Vietnam's farmers are abandoning their saline fields. These changes reflect human and natural processes that have caused major economic and social changes.

Thursday, August 19, 12:00-12:45 pm

<https://www.eastwestcenter.org/about-ewc/directory/jefferson-m.fox>

<https://www.eastwestcenter.org/about-ewc/directory/phanwin.yokying>

<https://kevinwoods.org/>

EWC in the Pacific: The Pacific Islands Development Program

- Mary Therese Hattori, Interim Director
- James Viernes, Regional Engagement and Development Officer
- Tolu Samifua, Community Engagement and Development Officer

Since 1980 the Pacific Islands Development Program (PIDP) has served the nations and peoples of the Pacific through innovative capacity building, interchange among regional leaders, and policy-relevant research on priority issues. Housed in the East-West Center in Honolulu, Hawaii, PIDP is a founding member of the Council of Regional Organizations of the Pacific (CROP), and is the Secretariat of the Pacific Islands Conference of Leaders (PICL), a regional council of 20 member governments. We engage EWC participants in seminars, festivals, research projects, capstone course projects, community engagement, and diplomatic activities. Attend our session and learn about these opportunities!

Thursday, August 19, 12:00-1:00 pm

<https://pidp.eastwestcenter.org/pidp-staff/mary-hattori/>

<https://pidp.eastwestcenter.org/pidp-staff/james-perez-viernes/>

<https://pidp.eastwestcenter.org/pidp-staff/tolu-samifua/>

Appendix B: Campus Partner Workshops

Pause Space:

Session Dates: Monday August 16th & Thursday August 19th

Session Title: Introduction to Mindfulness to Build Psychological Resilience

Description: In this current covid-19 situation, we are encouraged to practice physical/social distancing to ensure safety and well-being. How about the well-being of the mind – what are useful psychological resources to help us navigate through uncertain times? Is it possible to experience moments of spaciousness, acceptance, silence, that is, a pause between ourselves and thoughts/emotions? Learn mindfulness, an ancient contemplative practice with roots in the Buddhist traditions that is also evident in other traditions and indigenous practices. This experiential session provides an introduction to the mindfulness practice, with tips, insights, and meditation that may be helpful for impulse regulation and stress management, and for improving your cognitive/executive functioning.

Speaker Bio: Thao Le is currently Professor in the Human Development & Family Studies program, in the Family Consumer Sciences Department at the University of Hawaii Manoa. She received her PhD in psychology from the University of Davis, and Masters in Public Health from the University of California, Berkeley. She has provided mindfulness-based training workshops and classes to more than 1,200 K-12 educators and social service providers across Hawaii, and currently offers an upper division ethics and writing focused intensive mindfulness course at UH Manoa. In addition to her research publications, she has also published two children's books, *Mindfulness with the Aloha Breath* and *Akahai* (kindness), with support from Hawaii Department of Health, Office of Youth Services. Currently, she is collaborating with Hawaii Department of Agriculture on a project to address stress and promote well-being among farmers/agricultural producers.

PAU Violence

Session Dates: Monday August 16th and Tuesday August 17th

Session Title: PAU Violence: Let's Get REAL

Description: The PAU Violence: Let's Get REAL (Recognize, Empower, Act, Lead) Program is an interactive, evidence-informed, and locally created sexual and relationship violence prevention program. This program teaches communities about how and why it is important to intervene before, during, and after an incident of sexual and relationship violence. Let's Get REAL Program equips participants to:

- Recognize the continuum of behaviors contributing to sexual and relationship violence.
- Empower ourselves to develop skills to be active bystanders
- Act to safely intervene

- Lead collectively toward a campus climate that reflects a commitment to the safety of all its members

Speaker Bios:

Christopher Yanuaria, MSW is the Program Coordinator at the Prevention, Awareness, and Understanding (PAU- the Hawaiian word for end or finish) Violence program at the University of Hawai‘i at Mānoa (UHM). For the last nine years, Christopher has been actively involved in organizing community members to participate in gender-based violence prevention. Currently, Christopher facilitates violence prevention workshops and trainings to students, faculty, and staff at UHM. Prior to working at UHM, Christopher worked at the Domestic Violence Action Center providing domestic violence prevention services within the Native Hawaiian and Filipino communities on the Leeward coast of O‘ahu.

LGBTQ+ Center (Lesbian, Gay, Bisexual, Transgender & Queer+)

Session Dates: Monday August 16th & Thursday August 19th

Session Title: Safe Zone Training: LGBTQ+ Equity & Inclusion

Description: The University of Hawai‘i is committed to maintaining and promoting safe and respectful campus environments that are free from sex discrimination and gender-based violence ([EP 1.204](#)). The EWC is offering a training session on diversity and inclusion.

Participants will be able to:

- Articulate the difference between "sex," "gender" and sexual orientation
- Demonstrate ways to respect gender pronouns and gender inclusion
- Identify & respond to homophobia & sex discrimination
- Address gender identity & gender-based harassment
- Be an effective ally or advocate for the LGBTQ+ people

Speaker Bio: Camaron Miyamoto is tenured faculty in the Department of Student Affairs where he is the Director of Lesbian, Gay, Bisexual and Transgender Queer+ (LGBTQ+) Center at the University of Hawai‘i at Mānoa (2002-present). Mr. Miyamoto continues to learn from his students at UH and is fueled by the belief that we will create a better future through compassion, education, and a steadfast commitment to social justice.

Women's Center

Session Dates: Thursday August 19th

Papa (Class/Workshop) Description:

Hele mai! Come learn about the Women's Center: who we are, what we do and how we support and uplift ALL students here at UHM. In our interactive portion of the session, we will explore & learn about basic Native Hawaiian protocols that may help you on your journey here in Hawai'i. We will begin with Ho'olauna (Introduction), Mo'olelo (Story Telling) and end with Hana Noe'au (Lei Making).

Papa Goals/Objectives:

Brief Introduction to the Women's Center and our services/programs

To Learn the cultural significance of Ho'olauna (Introduction), Mo'olelo (Story Telling) and Hana Noe'au (Lei Making)

To Build Pilina (Relationships) with other Hāumana (Students) through practice

To Create an Actionable Item/Goal for the Future & Apply the techniques through knowledge gained & creativity

Papa 'Olelo Noe'au:

#203 'A'ohē pau ka 'ike i ka halau ho'okahi.

All knowledge is not taught in the same school.

One can learn from many sources.

Speaker Bio: Malia Ka'io, MSW is a Kānaka Maoli Wāhine (Native Hawaiian woman) from Hilo, Hawai'i. As a program coordinator at the University of Hawai'i at Mānoa (UHM) Women's Center, Malia aims to address the trauma and disparities experienced by all genders and Indigenous people through upstream, decolonial, and Indigenous-focused activities and programs.

She strives to have the Women's Center be a key player in the University's overall mission: to be a "Hawaiian Place of Learning".

She is the creator/facilitator of Na'au Checks, a Kūkākūkā (discussion) group that services UH students, and a co-creator/responder with Na Leo Lokomaika'i (telephone support warmline for Kia'i (protectors) of Hawai'i nui. Malia serves as a board member of the Hawai'i Community Bail Fund and is an active member of the Mauna Medics Hui.

Her 'ohana (family) represents every health and socioeconomic statistic on Kānaka Maoli, so her work is not theoretical. Malia's first-hand experience drives her passion for healing all people, all lands, and all living things. Previously, she has worked in non-profit organizations focused on reentry offenders, houselessness, substance abuse, child and family, and adult mental health.

Implicit Bias and Microaggression Workshop

Session Description:

Research shows that we all have biases, although they may not all be the same. In this interactive workshop, participants will be provided with an introductory overview of implicit bias and microaggressions. Specifically, participants will examine how biases are formed and the ways conscious and unconscious biases can manifest through harmful stereotypes and microaggressions. We invite you to engage in an interactive, safe space to explore these challenging topics so that collectively we can work towards raising awareness. Before attending the workshop, participants are asked to take one of Harvard's [Implicit](#)

[Association Tests](#) (IAP) (Read the Preliminary Info Page. Once finished, select “I wish to proceed” at the bottom of the page. You will then be taken to a page with different IAPs. Read the descriptions and select an IAP to take). [Participants will not be asked to share results; however, we will discuss your experience with the test and how it informs your understanding of the concepts discussed in the workshop.](#)

Learning Outcomes

By the end of this workshop participants will be able to...

- Define bias, unconscious bias, and microaggressions.
- Recognize some of their own hidden preferences, biases, and assumptions.
- Understand the relationship between unconscious bias and microaggressions.
- Identify the impact of unconscious biases and microaggressions.

Bios:

Carmen Wilson serves as a Research Intern for Education Program at the East-West Center. She holds a Bachelors in Linguistics from Yale University and is currently pursuing a Masters in International Training and Education at American University. Her research interests include the internationalization of higher education, diversity, equity, and inclusion in cross-cultural programs, and language acquisition in immersive contexts. Before joining the Center as an intern, she worked in international higher education on the U.S. mainland and in South Korea.

Hayley Cannizzo (she/her/hers) holds a Masters in Second Language Studies and an Advanced Graduate Certificate in Women’s Studies from the University of Hawai‘i. She currently serves as a Program Associate in both the Education and Leadership Program and is an East-West Center alumna. Hayley has worked around the globe in international education in France, Thailand, Denmark, Moldova, and most recently Hawai‘i. She holds a BA in International Studies and French from the University of Indiana and a certificate in gender mainstreaming from The Human Rights Campus. Hayley specializes in feminist and social justice pedagogy and is passionate about advancing the needs and concerns of women, transgender, and gender nonconforming students through an intersectional lens. She was selected as a 2019 Humanity in Action Fellow for her work promoting socially just, culturally responsive, and inclusive educational programming. She also sits on the DEI (Diversity, Equity, and Inclusion) advisory committee to the US Bureau of Educational and Cultural Affairs for their English Language Programs. In her free time, Hayley trains teachers in DEI education and inclusive classroom practices. Her current research focuses on the intersection of language, gender, and power in higher education.