

EWC Housing Weekly Update September 16

Reminder! Please upload your vaccination status to Clear to Go if you haven't done so already. These were due yesterday, September 15. Thank you!

Here are the instructions:

Visit the Clear To Go! site: URL: <https://app.cleartogo.co/r/b4hTjVn0or/visitor/0m76YPzMa9>

1. Select "Register Your Visit"
2. Enter the following information:
 - o First Name
 - o Last Name
 - o Cell Phone or Email Address
3. Upload your vaccination card.
 - o Click "Choose Files"
 - o Upload a scanned copy of your vaccination card.
4. After uploading your vaccination card, click Continue.
5. Answer four Covid screening questions.

That's it! If you have any questions or concerns, please do not hesitate to contact housing@eastwestcenter.org.

Resources

- **EWC Notices**
 - o [EWC COVID-19 Policy and Resource Site](#)
 - o [Burns Hall Temperature Screening Protocol](#)
 - o [EWC Housing Travel Policy Effective May 16, 2021](#)
 - o **Positive Covid-19 Test, Symptoms - Procedure for EWC Students**
- **Covid-19 FAQs and Emergency Contacts:**
 - o EWC FAQs: [Frequently Asked Questions \(FAQs\)](#) or the [EWC COVID-19 Policy and Resource Site](#)
 - o EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.

- EWC Housing phone number: **944-7960**. For reports on matters of immediate concern, such as residents not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.

- **Mental Health:**
 - [Managing Stress](#), from the American Heart Association.
 - Link to UH Mānoa [Counseling and Student Development Center](#).
 - Link to Hawaii Adult Mental Health Division, including CARES hotline: <https://health.hawaii.gov/amhd/>.
 - Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
 - Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
 - EWC Participant Association mental health and stress relief list: [Support Resources for EWC Participants](#)

- **Other Useful Information:**
 - [Hawai'i vaccination strategy](#)
 - Honolulu Re-Opening Strategy: [Tier-System Infographic](#)
 - Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiicovid19.com/>
 - Hawai'i: Resource from O'ahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>
 - Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>