

EWC Housing Weekly Update September 2

Free, walk-in COVID vaccinations: On Sept. 7, 9:00 a.m. to 1:00 p.m., UH will host a clinic for UH students. NO appointment is needed. Participants must do the following:

- Complete the [Pre-Vaccination Assessment & Consent](#) form. A parent/guardian is required to sign for anyone under 18 years of age.
- Bring your vaccination card (if you already received your first dose).
- Bring a valid government issued photo ID.
- Bring your insurance card (uninsured participants are also welcome).
- Be cleared to come on campus by the [LumiSight UH app](#).
- Wear a face mask and practice social distancing.

Pfizer (2 dose) vaccine for 12 years & older (***will be administering 1st & 2nd doses***)

Location: UH Mānoa Campus Center, 2nd Floor, Executive Dining Room.

Participants will be considered fully vaccinated two weeks after their final vaccination shot.
If you have any questions, email covid19@hawaii.edu.

A reminder that EWC will be requiring that you show proof of vaccination by September 15.

Information about the mechanism for sharing your vaccination status will be sent soon.

Get notified if you are exposed to COVID-19: When you add the Aloha Safe Alert app to your phone, your phone will alert you when you spend 15 minutes within 6 feet of someone who has been diagnosed with COVID-19 in the past 14 days. The app is available from the Apple or Google Play stores. Learn more at www.alohasafealert.org. The more people who use the app, the better chance we have to control the virus.

Please review the Positive Covid-19 Test, Symptoms - Procedure for EWC Students so that you know what to do if you have been exposed or have symptoms. Thank you!

Resources

- **EWC Notices**
 - [EWC COVID-19 Policy and Resource Site](#)
 - [Hale Manoa Temperature Screening Protocol](#)
 - [EWC Housing Travel Policy Effective May 16, 2021](#)
 - **Positive Covid-19 Test, Symptoms - Procedure for EWC Students**
- **Covid-19 FAQs and Emergency Contacts:**
 - EWC FAQs: [Frequently Asked Questions \(FAQs\)](#) or the [EWC COVID-19 Policy and Resource Site](#)
 - EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.

- EWC Housing phone number: **944-7960**. For reports on matters of immediate concern, such as residents not complying with social distancing or masking rules or smoking in the building, we urge you to call rather than email, even during working hours.

- **Mental Health:**
 - [Managing Stress](#), from the American Heart Association.
 - Link to UH Mānoa [Counseling and Student Development Center](#).
 - Link to Hawaii Adult Mental Health Division, including CARES hotline: <https://health.hawaii.gov/amhd/>.
 - Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
 - Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
 - EWC Participant Association mental health and stress relief list: [Support Resources for EWC Participants](#)

- **Other Useful Information:**
 - [Hawai'i vaccination strategy](#)
 - Honolulu Re-Opening Strategy: [Tier-System Infographic](#)
 - Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiiicovid19.com/>
 - Hawai'i: Resource from O'ahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>
 - Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>