

EWC Housing Weekly Update April 22

Vaccinations: We urge all students to get vaccinated at the earliest date possible. You can use this vaccination finder to identify vaccine sites that will be convenient for you: [Vaccination Registration - Hawai'i DOH: Info & Resources for Managing COVID-19 \(hawaiiicovid19.com\)](#). If you get an appointment, but transportation is an obstacle, let your EWC program coordinator know. We may be able to work with the EWCPA shuttle coordinator to help or find other ways to assist.

Please remember that you are not fully vaccinated, and thus do not have the protective benefits of the vaccines, until 14-days after you have had your second shot (for Pfizer and Moderna) or after your dose of Johnson & Johnson/Janssen.

State of Hawaii interisland travel policy announced: The State of Hawaii has announced that, starting May 11, it will allow vaccinated people to forgo testing requirements for interisland travel. Travelers must show that they have been fully vaccinated (as defined above).

EWC Policies Remain Unchanged: With state travel policies evolving and increasing rates of vaccination, the EWC Housing Office and Education Program will assess the potential for policy modifications at the EWC. Their focus is on best practices for congregate living situations. Currently, only about 30% of adults in the State of Hawaii are fully vaccinated. Those starting to get vaccinations now will not be fully vaccinated for another 5-7 weeks. Hence, at this time, with the health and safety of the residential community and associated EWC staff its top priority, EWC Housing will continue its established anti-COVID-19 policies. That said, Housing and Education always appreciate insights and inputs that can help illuminate the specific stresses and challenges posed by specific policies, such as were offered through the EWCPA survey and in the Town Hall meeting on Tuesday. Those recommendations are under advisement and consideration now. We welcome suggestions as we all work together to maintain a safe and healthy living environment for all.

Ho'opuka: The Spring 2021 Ho'opuka Ceremony, celebrating those who are completing their awards at the East-West Center, is coming up on **Thursday, May 6, at 2:00-3:00 pm HST**. The ceremony will be held on Zoom, and you are invited to attend. Please check your email for a link to participate. The deadline to RSVP as a guest will be Wednesday, April 28, at 4pm. Please join us in congratulating our honorees!

Resources

- **EWC Notices**
 - [EWC COVID-19 Policy and Resource Site](#)
 - [Burns Hall Temperature Screening Protocol](#)
 - [EWC Housing Travel Policy Effective Feb 18, 2021](#)
 - **Positive Covid-19 Test, Symptoms - Procedure for EWC Students**

- **Covid-19 FAQs and Emergency Contacts:**
 - EWC FAQs: [Frequently Asked Questions \(FAQs\)](#) or the [EWC COVID-19 Policy and Resource Site](#)
 - EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.

- EWC Housing phone number: **944-7960**. For reports on matters of immediate concern, such as residents not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.

- **Mental Health:**
 - [Managing Stress](#), from the American Heart Association.
 - Link to UH Mānoa [Counseling and Student Development Center](#).
 - Link to Hawaii Adult Mental Health Division, including CARES hotline: <https://health.hawaii.gov/amhd/>.
 - Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
 - Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
 - EWC Participant Association mental health and stress relief list: [Support Resources for EWC Participants](#)

- **Other Useful Information:**
 - [Hawai'i vaccination strategy](#)
 - Honolulu Re-Opening Strategy: [Tier-System Infographic](#)
 - Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiicovid19.com/>
 - Hawai'i: Resource from O'ahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>
 - Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>