

EWC Housing Weekly Update - March 18, 2021

- **Working together:** Please be advised that, for the safety and wellbeing of all our students, residents, and staff during the ongoing COVID-19 pandemic, all EWC COVID-19 policies must be complied with at all times. Residents who do not follow the rules, and are reminded to do so by staff or other residents, are expected to respectfully comply. Failure to do so may result in the resident being referred by staff to his/her/their Program Coordinator and/or eviction from EWC Housing.

EWC COVID-19 policies: In recognition of our dorm housing, EWC policies are sometimes more restrictive than policies of the State of Hawai'i. They include:

- All EWC residents/students must wear effective masks in all public spaces of EWC residence halls. Public spaces are any area where you may encounter another person. (Bandanas and t-shirt material or other stretchy fabrics are not effective masks.)
- In-person social gatherings of more than 3 persons are not permitted in either interior or outside spaces.
- Social distancing, in which all persons are a minimum of 6 ft apart, is required at all times; mask-wearing does not minimize this need.
- See [EWC COVID-19 Housing Rules](#) for more on these policies

Your commitment matters: While everyone has grown weary of these restrictions, our ongoing adherence to these policies protects us individually and our larger communities. COVID-19 infection rates and deaths are dropping in Hawai'i and nationally, while vaccination campaigns are picking up speed: US News reports Hawai'i has the seventh highest vaccination rate in the country. Working together protects us all in these challenging times. Thank you for your cooperation.

Resources

- **EWC Notices**
 - [EWC COVID-19 Policy and Resource Site](#)
 - [Burns Hall Temperature Screening Protocol](#)
 - [EWC Housing Travel Policy Effective Feb 18, 2021](#)
 - **Positive Covid-19 Test, Symptoms - Procedure for EWC Students**
- **Covid-19 FAQs and Emergency Contacts:**
 - EWC FAQs: [Frequently Asked Questions \(FAQs\)](#) or the [EWC COVID-19 Policy and Resource Site](#)
 - EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.
 - EWC Housing phone number: **944-7960**. For reports on matters of immediate concern, such as residents not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.
- **Mental Health:**
 - [Managing Stress](#), from the American Heart Association.

- Link to UH Mānoa [Counseling and Student Development Center](#).
- Link to Hawaii Adult Mental Health Division, including CARES hotline: <https://health.hawaii.gov/amhd/>.
- Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
- Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
- EWC Participant Association mental health and stress relief list: [Support Resources for EWC Participants](#)

- **Other Useful Information:**
 - [Hawai'i vaccination strategy](#)
 - Honolulu Re-Opening Strategy: [Tier-System Infographic](#)
 - Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiicovid19.com/>
 - Hawai'i: Resource from O'ahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>
 - Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>