

EWC Housing Weekly Update September 24

- **Hawai'i Covid-19 rules modified and extended:** Gov. David Ige has signed off on a new emergency proclamation, this time extending the Covid-19 emergency period through to October 31. This latest Order also allows for the implementation of Oahu's [Re-opening Strategy](#), which begins today with **tier one**. Parks, trails, beaches and other outdoor locales can now be visited by groups of up to 5 people, who can come from more than one household. It also allows some retailers and restaurants to reopen at 50% capacity.

Please visit the City and County of Honolulu website to better understand what is allowed under the new Order. We strongly advise all residents to ensure you understand what is allowed, what is prohibited, so you can comply with these new State regulations. You can find a useful outline of the reopening plan here: <https://www.oneoahu.org/reopening-strategy> **It is very important for everyone to review this list carefully** to make sure that you act within the law at all times. Police are [issuing citations and making arrests](#) for violations of these orders—we don't want this to happen to any of you!

For full text of the Mayor's order, please see Resources section below.

- **EWC Housing Covid-19 rules:** In-person gatherings at EWC are no longer banned, but EWC housing rules for social gatherings remain in place. Thus, gatherings must be limited to no more than three (3) people in:
 - Interior public spaces of the EWC (lobbies, lānai, and so on)
 - Outside areas, including Friendship Circle, the Japanese Garden, the Imin lānai, or any others.

Mahalo to all for tracking the changing state/city regulations and cooperating with them and the EWC policies. We know it can be confusing. But it is proving worth the effort.

- **Food Pantry:** The Hale Hālāwai food pantry is now open to all EWC residents. The rules for accessing the pantry are:
 - Masks required while accessing the pantry (in and outside of Hale Hālāwai)
 - If there is a line, stay 6 feet apart while waiting your turn
 - Please wash hands before entering & leaving
 - Only one person allowed in the Hale Hālāwai kitchen at a time

- Bring your own bag
- Limit of five (5) items per person, per visit
- Limit of one (1) visit per day

The food pantry is open due to the generosity of our partners and friends in the community who are making these donations, and from the staff who donate their time to receive the food and arrange it to be available. Please take the time to thank any volunteers that you meet at the pantry - they do this to support you and to keep the community strong.

Resources

- **NEW:** Full text of Sept 23 City Order for Honolulu: https://www.honolulu.gov/rep/site/may/may_docs/Emergency_Order_No._2020-27_certified_-_signed.pdf
- **Covid-19 Guidelines from UH**
 - These guidelines have been announced for fall 2020: <https://www.hawaii.edu/covid19-guidelines/>
- **Covid-19 FAQs and Emergency Contacts:**
 - EWC FAQs including what to do if you think you have been exposed to Covid-19: [Frequently Asked Questions \(FAQs\)](#) or the [Student Portal](#)
 - EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.
 - EWC Housing phone number: 944-7960. For reports on matters of immediate concern, such as residents not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.
- **Mental Health:**
 - Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
 - Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
 - EWC Participant Association mental health and stress relief list: https://content.getgrave.com/content/5958154/b0e6c8eb-04ae-4fda-8b24-c52d32318225/8d91da0e-b462-4c5b-815f-570227036179/Support_Resources_for_EWC_Students.pdf
- **Other Useful Information:**
 - Data on Covid-19 spread in Hawaii: www.covidpau.org.
 - You can track Hawai'i's Covid-19 testing and positivity rates here: <https://public.tableau.com/en-us/s/authors#!/>

- Social Distancing: How to approach those not taking social distancing seriously: <https://time.com/5819816/coronavirus-social-distancing/>
- Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiicovid19.com/>
- Hawai'i: Resource from Oahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>
- Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html>
- Emergency Planning: The CDC has put together [this guide](#) for emergency planning
- Cybersecurity: Info about scams related to Covid-19: <https://www.us-cert.gov/ncas/current-activity/2020/03/06/defending-against-covid-19-cyber-scams>