

EWC Housing Weekly Update - November 26

We hope that everyone has a happy and safe holiday weekend!

- **Staying safe while giving thanks:** We urge everyone to avoid gatherings this holiday weekend so that we can keep our community safe. Health officials emphasize that traditional holiday festivities hosting friends and families from multiple households are among the “highest-risk scenarios” for transmitting COVID-19.

The best way to gather is online with friends and family here in Hawai'i and around the world. For any other activity, please see guidance here for making interactions as safe as possible: <https://hawaiiicovid19.com/safe-gatherings/>.

- **Safe Holiday Activities from EWCPA:** Your EWCPA has planned some activities to bring people together safely during this holiday weekend. Please check the EWCPA listserv for announcements!
- **COVID-19 Temperature Screening Procedures:** As **Hale Mānoa** residents have seen over the past week, the EWC is testing the optimal placement for a temperature screening device, which will be fully implemented starting sometime next week (Nov. 30-Dec. 5). EWC staff met with the EWCPA Board members today to gather questions and feedback, and reviewed the input submitted by residents through the EWCPA survey. We are incorporating these into the protocols and a set of FAQs and we will send those out early next week. In the meantime, we encourage residents to become familiar with using the machine in advance of the formal roll-out.
- **Hale Kuahine** residents will be issued individual digital thermometers and will be asked to self-test every day, and required to report any elevated temperature to HM front desk immediately. These cases will also follow the Procedures and Policies that will be sent next week.
- **Free COVID Testing on EWC Campus, December 3:** EWC has arranged another round of free COVID-19 surge testing on Dec. 3, from 1:00 p.m. - 3:00 p.m. on the Jefferson Hall lānai, in cooperation with John A Burns School of Medicine (JABSOM). If you are interested in being part

of this testing, please sign up [here](#). There are a limited number of tests. You will be advised in advance if we are not able to accommodate you. We also will advise if there are excess tests available and walk ins will be considered.

- **Thanksgiving travel:** A reminder that if you are traveling off island over this Thanksgiving holiday you must follow this [Travel Policy](#). Please make your reservations for Lincoln Hall with Housing before you depart. They will advise you of procedures to follow once you land at the airport in Honolulu upon return. Please confirm that your Program Coordinator is aware of your plans.

Resources

- **EWC Notice:** [Burns Hall Temperature Screening Protocol](#)
- **EWC Notice:** EWC Travel Policy: [EWC Housing Travel Policy Effective Oct. 15, 2020](#)
- **EWC Notice:** [Positive Covid-19 Test, Symptoms - Procedure for EWC Students](#)
- **Covid-19 Guidelines from UH**
 - These guidelines have been announced for fall 2020: <https://www.hawaii.edu/covid19-guidelines/>
- **Covid-19 FAQs and Emergency Contacts:**
 - EWC FAQs: [Frequently Asked Questions \(FAQs\)](#) or the [Student Portal](#)
 - EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.
 - EWC Housing phone number: 944-7960. For reports on matters of immediate concern, such as residents not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.
- **Mental Health:**
 - Link to UH Mānoa [Counseling and Student Development Center](#).
 - The range of free services to UH Mānoa students include time-limited individual and group counseling, crisis intervention, support spaces for open discussion, peer-to-peer support, outreach activities and/or referral to on-campus resources and community providers.
 - Link to Hawaii Adult Mental Health Division, including CARES hotline: <https://health.hawaii.gov/amhd/>.
 - Link to UH additional mental health resource page: <https://manoa.hawaii.edu/covid19/guidelines/non-discrimination/>
 - Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
 - Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
 - EWC Participant Association mental health and stress relief list: [Support Resources for EWC Participants](#)

- **Other Useful Information:**
 - Honolulu Re-Opening Strategy: [Tier-System Infographic](#)
 - Social Distancing: How to approach those not taking social distancing seriously: <https://time.com/5819816/coronavirus-social-distancing/>
 - Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiicovid19.com/>
 - Hawai'i: Resource from Oahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>
 - Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>