

EWC Housing Weekly Update - October 15

This week Hawai'i state and county governments have announced new travel policies. Please be reminded that EWC has its own policies aimed at protecting our community. Today the Center announces a new policy, effective October 15 through spring of 2021. Highlights appear below. Please see the [full EWC Housing travel policy](#) It is posted on the Student Portal along with other COVID-19 related Housing policies: <https://ewcparticipantinfo.org/ewc-housing/>

East-West Center Housing Off-Island Travel Policy - Effective October 15, 2020

This policy is inclusive of any travel off the island of O'ahu, including outer islands.

- Students are strongly encouraged NOT to travel at this time.
- If students must travel, they will need to spend two weeks in Lincoln Hall in either self-isolation or quarantine before returning to EWC dorms.

Self-Isolation: If students have met the requirements of the [State of Hawai'i Pre-Travel Testing Program](#) then this will be self-isolation and not a strict quarantine. Self-isolation means that contact with others should be avoided as much as possible, but basic needs of shopping for food and essentials, exercise, work, etc. can be met. Students in self-isolation will not be allowed to enter HM or HK or any other EWC building during the two weeks (their room key will be disabled).

Quarantine: If students did not meet the requirements of the State of Hawai'i Pre-Travel Testing Program, then this will be a strict quarantine per State of Hawai'i regulations and per [EWC Quarantine Requirements](#).

- Students must notify Housing and their program coordinator in advance of travel and make a Lincoln Hall reservation with Housing for the two-week period after return.
- Students will have to pay for the two weeks at Lincoln Hall in addition their HM or HK room (unless they moved out of their HM or HK room before leaving).
- Lincoln Hall stay will be at the subsidized rate of \$16/night for a kitchen room or studio (no kitchen).
- Staying with friends or at another location for this two-week period – instead of at Lincoln Hall – is not allowed.
- Students are encouraged to pack a bag with items needed for post-travel stay at Lincoln Hall, and to store it for pick up at Lincoln Hall or the HM front desk upon return. Students will not have access to HM or HK rooms upon return, even just to pack/pick up items.

Please be advised that new rules and restrictions on travel could be imposed at any time, both in the State of Hawai'i or in locations where students are traveling. Mahalo for your cooperation.

Resources

- **NEW:** [EWC Housing Travel Policy Effective Oct. 15, 2020](#)
- **Updated:** [Positive Covid-19 Test, Symptoms - Procedure for EWC Students](#))
- **Covid-19 Guidelines from UH**
 - These guidelines have been announced for fall 2020: <https://www.hawaii.edu/covid19-guidelines/>
- **Covid-19 FAQs and Emergency Contacts:**
 - EWC FAQs: [Frequently Asked Questions \(FAQs\)](#) or the [Student Portal](#)
 - EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.
 - EWC Housing phone number: 944-7960. For reports on matters of immediate concern, such as residents not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.
- **Mental Health:**
 - Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
 - Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
 - EWC Participant Association mental health and stress relief list: [Support Resources for EWC Participants](#)
- **Other Useful Information:**
 - Social Distancing: How to approach those not taking social distancing seriously: <https://time.com/5819816/coronavirus-social-distancing/>
 - Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaii-covid19.com/>
 - Hawai'i: Resource from Oahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>
 - Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>