

EWC Weekly Update August 26:

- **New stay-at-home order:** Honolulu Mayor Kirk Caldwell has announced a new stay-at-home order that takes effect at 12:01 am on Thursday, August 27. The order restores many of the restrictions first enforced in March of this year. Non-essential businesses must close. Meanwhile, Hawai'i will be ramping up testing (see below), contact tracing, and quarantine efforts with the help of the federal government. Read the full order here: [City & County of Honolulu Emergency Order No.2020-25](#)
- **What this means for you in EWC housing:** The order further tightens restrictions on activities of Honolulu residents. NO social gatherings are permitted—no mixing of households, even when a household is limited to one person. EWC residents must “stay home” and not gather indoors or outdoors with those from other households, including relatives. This means it is not permitted to visit friends or family off-campus during these two weeks. All social distancing protocols remain in effect: 6 feet of distance between individuals, masks at all times, regular hand washing.
- **Affected areas and businesses:** Parks, beaches, and trails will remain closed and commercial operations such as hair salons, dine-in restaurants, and gyms will be shut. Restaurants can offer take-out only. Essential businesses including grocery stores and child care providers may continue to operate, as well as religious services. All open locations and permitted activities are still required to observe social distancing protocols and limits on crowd size.
- **Testing opportunities:** Testing began on Wednesday, August 26, at Kaneohe District Park and Leeward Community College. Tests are self-administered (i.e. you do it yourself). Testing will be available as a drive-through procedure at various locations for 12 consecutive days. Officials are encouraging Honolulu residents to visit www.doineedacovid19test.com to find a testing location and register for an appointment.

Resources

- **Covid-19 Guidelines from UH**
 - **UPDATED:** These guidelines have been announced for fall 2020: <https://www.hawaii.edu/covid19-guidelines/>

- **Covid-19 FAQs and Emergency Contacts:**
 - EWC FAQs including what to do if you think you have been exposed to Covid-19: [Frequently Asked Questions \(FAQs\)](#)
 - EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.
 - EWC Housing phone number: 944-7960. For reports on matters of immediate concern, such as residents not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.
- **Mental Health:**
 - Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
 - Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
 - EWC Participant Association mental health and stress relief list: https://content.getrave.com/content/5958154/b0e6c8eb-04ae-4fda-8b24-c52d32318225/8d91da0e-b462-4c5b-815f-570227036179/Support_Resources_for_EWC_Students.pdf
- **Other Useful Information:**
 - **NEW:** Full text of Aug 25 Stay at Home Order for Oahu: <https://www.hawaiinewsnow.com/2020/08/26/heres-full-text-oahus-new-stay-at-home-order/>
 - You can track Hawai'i's Covid-19 testing and positivity rates here: <https://public.tableau.com/en-us/s/authors#!/>
 - Gov. Ige's reopening strategy: https://governor.hawaii.gov/wp-content/uploads/2020/05/EMBARGOED_Gov_Reopening-Presentation-Slide-Deck_18-May-2020-1206-PM.pdf
 - Social Distancing: How to approach those not taking social distancing seriously: <https://time.com/5819816/coronavirus-social-distancing/>
 - Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiicovid19.com/>
 - Hawai'i: Resource from Oahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>
 - Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html>
 - Emergency Planning: The CDC has put together [this guide](#) for emergency planning
 - Cybersecurity: Info about scams related to Covid-19: <https://www.us-cert.gov/ncas/current-activity/2020/03/06/defending-against-covid-19-cyber-scams>