

EWC Weekly Update August 20

- **New Restriction on Social Gatherings:** As Covid-19 infections continue to surge, both the State and City announced new restrictions. On August 19, the Mayor announced a total prohibition on social gatherings. The new Order states “Indoor and outdoor social gatherings of any type and any number of people are prohibited. For purposes of this Order, a ‘social gathering’ is a gathering or event that brings together persons from multiple households or living units at the same time for a discrete, shared or group experience in a single room, space, or place such as a private home, park, auditorium, stadium, arena, conference room, lunch room, meeting hall, or other indoor or outdoor space.”

Important - no Social Gatherings at EWC: The new Order also applies to the East-West Center, including our residents, students, and staff. This means that, effective immediately, no social gatherings are allowed at all. No social gatherings of any number of people are allowed in any of the EWC residential buildings. Housing Staff must enforce this policy in order for the EWC to comply with the City-wide Order. We realize this is a difficult time and we ask all residents to show aloha by complying with the new Order. Thank you for your cooperation in helping to keep the community safe.

- **Stay at Home Orders:** The new City restrictions are effectively “stay at home” orders, intended to limit movement and travel. It states, “All individuals currently living within the City are ordered to stay at their place of residence and work from home...all persons may leave their residences only for Essential Activities, Essential Governmental Functions, or to operate or visit Essential Businesses or Designated Businesses and Operations, as those terms are defined in Section II” of the [Order](#). “All travel, including, but not limited to, travel on foot, bicycle, scooter, motorcycle, automobile, or public transit, except Essential Travel and Essential Activities (as defined in Section II), is prohibited. People must use public transit only for purposes of performing Essential Activities; or to travel to and from Essential Businesses, or Designated Businesses and Operations; or maintain Essential Governmental Functions.” We urge everyone to review the full order to be in compliance with the new rules.
- **Wear your mask everywhere on campus:** UH now requires everyone to wear a mask everywhere on, including inside buildings or outside while walking around campus. This rule applies to all employees, students, and campus visitors.
- **New UH Semester:** Courses begin next week (August 24) for the Fall semester at UH. Please check with your departments, advisors, and/or course faculty about requirements and protocols. You can stay up-to-date about the university Covid-19 response at this website: <https://www.hawaii.edu/covid19-guidelines/>.

Resources

* You can track Hawai'i's Covid-19 testing and positivity rates here: <https://public.tableau.com/en-us/s/authors#!/>

- Covid-19 Guidelines from UH
 - *UPDATED*: These guidelines have been announced for fall 2020: <https://www.hawaii.edu/covid19-guidelines/>
- Covid-19 FAQs and Emergency Contacts:
 - EWC FAQs including what to do if you think you have been exposed to Covid-19: [Frequently Asked Questions \(FAQs\)](#)
 - EWC Housing contact email, which EWC staff regularly and frequently monitor: housing@eastwestcenter.org.
 - EWC Housing phone number: 944-7960. For reports on matters of immediate concern, such as residents not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.
- Mental Health:
 - Resources for staying well from Kaiser Permanente, with self-care tools, tips, and activities: https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources?kp_shortcut_referrer=kp.org/selfcare
 - Information about keeping healthy and boosting your immune system: <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
 - EWC Participant Association mental health and stress relief list: https://content.getrave.com/content/5958154/b0e6c8eb-04ae-4fda-8b24-c52d32318225/8d91da0e-b462-4c5b-815f-570227036179/Support_Resources_for_EWC_Students.pdf
- Other Useful Information:
 - *NEW* City order: <https://www.khon2.com/wp-content/uploads/sites/8/2020/08/Act-Now-No-social-gatherings.pdf>
 - Gov. Ige's reopening strategy: https://governor.hawaii.gov/wp-content/uploads/2020/05/EMBARGOED_Gov_Reopening-Presentation-Slide-Deck_18-May-2020-1206-PM.pdf
 - Social Distancing: How to approach those not taking social distancing seriously: <https://time.com/5819816/coronavirus-social-distancing/>
 - Hawai'i: State of Hawai'i Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiiicovid19.com/>
 - Hawai'i: Resource from Oahu Community Resilience with information, links, and FAQs: <https://www.oneoahu.org>

- Symptoms: CDC information about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html>
- Emergency Planning: The CDC has put together [this guide](#) for emergency planning
- Cybersecurity: Info about scams related to Covid-19: <https://www.us-cert.gov/ncas/current-activity/2020/03/06/defending-against-covid-19-cyber-scams>