

## EWC Update for April 8

- **Masks required:** All EWC residents/students are required to wear masks in the public spaces of EWC residence halls. Public spaces are spaces where you may encounter another person, such as kitchens, elevators, lounges, laundry rooms, ice machine areas, and the front desk lobby. We recognize that use of masks in bathrooms may not be practical, but recommend wearing one when able.
- **Please use only your assigned kitchen and bathroom:** Reports of students/residents moving between floors and units, especially using bathrooms outside of their unit or alternate kitchens, are causing concern. If an EWC resident contracts the virus, movement between floors makes “contact tracing” difficult and may increase community spread.
- **More masks available today:** Another 5 masks are available for those who do not have their own cloth masks. Please think about how can you get your own cloth masks. Many thanks to those who have donated, sewed and contributed masks to staff and students.
- **Personal Emergency Plan—Due Today!** Please submit your personal emergency plan via [this form](#) by today, **Wednesday, April 8**. It is important you submit the form to enable EWC to assess the adequacy of evolving contingency plans. Key planning considerations, in case you fall ill or be exposed and therefore need to quarantine, include:
  - Establish and write down emergency and support contacts. Make your emergency contacts known to EP or housing staff through the above form
  - Secure a 14-day supply of food, toiletries and medicines (plan additional funds for food delivery)
  - Prepare a “go bag” of things you will need to take from your room for a 14-day quarantine elsewhere. Make a list of items you need to include so that you don’t forget important everyday items (including things in the bathroom or kitchen).
  - For more information, check out CDC’s emergency planning guidelines in the Resources section, below.

Many thanks to those who have already submitted their personal emergency plan.

- **Resources:**

- **New** The CDC has put together [this guide for emergency planning](#)
- Information about “DIY face masks” <https://smartairfilters.com/en/blog/best-materials-make-diy-face-mask-virus/>
- Video about making a “no sew” shop towel mask: <https://www.youtube.com/watch?v=mai-UqdNRi8>
- EWC FAQs including what to do if you think you have been exposed to COVID-19: [Frequently Asked Questions \(FAQs\)](#)
- CDC info about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html>
- Information about keeping healthy and boosting your immune system <https://www.hopkinsmedicine.org/health/wellness-and-prevention>
- Info about scams related to Covid-19: <https://www.us-cert.gov/ncas/current-activity/2020/03/06/defending-against-covid-19-cyber-scams>
- Info about phishing scams, including fake CEO/Business Email Compromise emails: <https://www.consumer.ftc.gov/articles/how-recognize-and-avoid-phishing-scams>
- State of Hawaii Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiiicovid19.com/>
- EWC housing contact email, which is regularly and frequently monitored by EWC staff: [housing@eastwestcenter.org](mailto:housing@eastwestcenter.org).
- EWC Housing phone number ph 944-7960. For reports on matters of immediate concern, such as students not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.

[ENDS]