

EWC Update for April 7

- **Personal Emergency Plan:** A reminder that all residents in housing should be developing personal emergency plans. Please record your personal emergency plan by submitting [this form](#) tomorrow, **Wednesday, April 8**. It is important you submit the form to enable EWC to assess the adequacy of evolving contingency plans. Key planning considerations, in case you fall ill or be exposed and therefore need to quarantine, include:
 - Establish and write down emergency and support contacts. Make your emergency contacts known to EP or housing staff through the above form
 - Secure a 14-day supply of food, toiletries and medicines (plan additional funds for food delivery)
 - Prepare a “go bag” of things you will need to take from your room for a 14-day quarantine elsewhere. Make a list of items you need to include so that you don’t forget important everyday items (including things in the bathroom or kitchen).
 - For more information, check out CDC’s emergency planning guidelines in the Resources section, below.

- **Face Masks/Coverings Required in Burns Hall:** Face masks/coverings must be worn at all times in Burns Hall, including the computer room and personal study carrels.

- See the **attached** poster for more information about masks for EWC housing residents.

- **Resources:**
 - **New** The CDC has put together [this guide for emergency planning](#)
 - Information about “DIY face masks” <https://smartairfilters.com/en/blog/best-materials-make-diy-face-mask-virus/>
 - Video about making a “no sew” shop towel mask: <https://www.youtube.com/watch?v=mai-UqdNRi8>
 - EWC FAQs including what to do if you think you have been exposed to COVID-19: [Frequently Asked Questions \(FAQs\)](#)
 - CDC info about symptoms and protecting yourself: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html>
 - Information about keeping healthy and boosting your immune system <https://www.hopkinsmedicine.org/health/wellness-and-prevention>

- Info about scams related to Covid-19: <https://www.us-cert.gov/ncas/current-activity/2020/03/06/defending-against-covid-19-cyber-scams>
- Info about phishing scams, including fake CEO/Business Email Compromise emails: <https://www.consumer.ftc.gov/articles/how-recognize-and-avoid-phishing-scams>
- State of Hawaii Department of Health updates, resources and information (now available in 8 different languages): <https://hawaiiicovid19.com/>
- EWC housing contact email, which is regularly and frequently monitored by EWC staff: housing@eastwestcenter.org.
- EWC Housing phone number ph 944-7960. For reports on matters of immediate concern, such as students not complying with social distancing rules or smoking in the building, we urge you to call rather than email, even during working hours.

[ENDS]